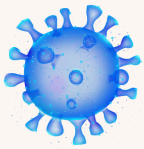


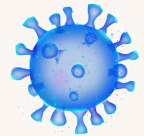


Health Facts: Measles



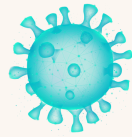
What is it:

Measles is a highly contagious virus that spreads through the air when someone coughs, sneezes or even talks. It can stay in the air or on surfaces for up to 2 hours after a sick person leaves.



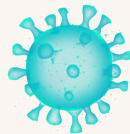
Who is Most at Risk:

- Babies under 1 year old
- Pregnant people
- People with weak immune systems
- Anyone not vaccinated



Signs and Symptoms:

Typical cold symptoms start 7–14 days after exposure such as fever that can be very high, cough and runny nose. However, Measles is known for a **Rash** that typically appears 3–5 days after symptoms start. This rash begins on the face and spreads down the body. Another Measles specific sign is **Koplik spots**, which are tiny white spots inside the mouth.



Vaccination for Protection:

The MMR vaccine (Measles, Mumps, Rubella) is safe and effective.

- 2 doses give strong protection \approx 97% effective
- Check that you and your family are up to date



Help Protect Our Community
Town of Manchester Health Department



860-647-3173