TEENPROGRAMS



YOUTH AND POLICE PROGRAM | AGES: 15 - 18

Location: Manchester Youth Service Bureau
Build positive connections between high school youth
and local police through team-building and service.
Bi-Monthly (Variable Schedule)

VOICES EMPOWERING GROUP | AGES: 14 - 18

Location: Manchester High School Bentley Academy This program helps girls 14 - 18 to grow in their self-awareness, identity, and strength. Contact Sheridan Douglass at (860) 647-5216 or sdouglass@ manchesterct.gov to register.

W, September - December | 10:30AM - 12:00PM

SIBSHOP | AGES: 10 - 18

Location: Manchester Youth Service Bureau Supportive hangout space for youth with siblings with disabilities. Fun, community, and connection. 9/2/25 \mid 10/14/25 \mid 11/4/25 \mid 12/9/25 3:30PM - 5:30PM

RED CROSS BABYSITTING CERTIFICATION CLASS AGES: 13 - 18

Location: Manchester Youth Service Bureau
Earn your Red Cross Babysitting Certification in this
2-day training for teens.
Sat, 9/20/25 & Sun, 9/21/25
8:30 AM - 2:30PM

FACTS | AGES: 14 - 18

Location: Manchester High School
FACTS is a youth prevention program that builds
leadership, confidence, and resilience through sober
living. Contact John Dalterio at (860) 647-5223 or
jdalterio@manchesterct.gov to register.
M, 9/22/25 through the school year
2:10PM - 3:10PM

EMPLOYMENT READINESS PROGRAM AGES: 15+

Location: Manchester Youth Service Bureau Learn to apply for jobs, write resumes, interview, and earn a stipend upon completion! Contact Sheridan Douglass at (860) 647-5216 or sdouglass@ manchesterct.gov to apply.

Tu, 9/23/25 - 11/11/25 | 3:00PM - 5:30PM

TEEN CENTER - FALL REOPENING AGES: 12 - 17

Location: Manchester Youth Service Bureau Drop-in teen space for high schoolers with games, bike repair, snacks, and monthly pizza parties. Tu, W, Th, $9/23/25 - 12/17/25 \mid 1:00PM - 5:00PM$

ROLE PLAYERS' GUILD | AGES: 12 - 17

Location: Manchester Youth Service Bureau
Adventure into storytelling, creativity, and community through role-playing games. All skill levels welcome!
Tu, 9/23/25 - 12/16/25 | 4:00PM - 6:00PM

CLASSY COOKING | AGES: 12+

Location: Manchester Youth Service Bureau
Afterschool cooking class for beginners ages 12 and up. Learn meals, safety, and kitchen confidence!
Tu, 9/23/25 - 11/25/25 | 3:30PM - 5:30PM

PACKED WITH PURPOSE | AGES: 14 - 18

Location: Manchester Youth Service Bureau Empowering young men to explore identity, confidence, and purpose through dog training and acts of service.

Th, 10/2/25 - 12/11/25 | 3:30PM - 5:30PM



INTRO TO CROCHET | AGES: 8+

Location: Leisure Labs at Mahoney Center Crochet is a needlecraft that uses a hook to create fabric from loops of yarn. You can make items like blankets, scarves, hats, and sweaters. If you're looking for a fun, creative hobby, try crochet!

BEGINNER CLASS

Mon, 6:00pm - 7:30pm | 10/6/24 - 12/8/24 (No class 10/13) Fee: \$30/\$35(nr)

INTERMEDIATE CLASS | AGES: 12+

Tue, 6:00PM - 7:30pm | 10/7/24 - 12/9/24 (No class 11/11) Fee: \$30/\$35(nr)

DIY SELF CARE LAB | AGES: 12-17

Location: Leisure Labs at Mahoney Center Make your own self-care items. Th, 10/16/25, 11/13/25, 12/11/25 | 6:00PM - 7:30PM Fee: \$10

POP-UP TALK: REAL LIFE SKILLS | AGES: 12 - 17

Location: Leisure Labs at Mahoney Center Life skills every teen should know. W, 10/22/25, 11/07/25 \mid 6:00PM – 7:30PM Fee: \$10

CREATIVE WRITING AND JOURNALING AGES: 12-17

Location: Leisure Labs at Mahoney Center A cozy, chill space for teens to journal, write stories, or try creative prompts with music, snacks, and good vibes.

F, 11/14/25 | 6:00PM - 7:30PM Fee: \$10

TEEN STUDIO TIME | AGES: 12-17

Location: Leisure Labs at Mahoney Center Open creative space for teens. Th, 11/27/25, 12/18/25 \mid 6:00PM - 7:30PM Fee: \$10

GLOW GARDENS - WINTER BREAK AGES: 14 - 18

Location: CT Convention Center (Pickup/Dropoff at Youth Service Bureau) Enjoy an evening of lights and live entertainment at Hartford's Glow Gardens! Tu, 12/23/25 | 3:45PM - 8:00PM

WAX AND WONDER | AGES: 14+

Location: Manchester Youth Service Bureau A hands-on candle & pizza-making experience to kick off winter break with fun and flavor! Tu, $12/30/25 \mid 10:00 \text{ AM} - 2:00 \text{PM}$

EARLYCHILDHOOD

MY TODDLER & ME | AGES: 2 - 4 YEARS

Location: Northwest Park Early Childhood Center
Drop-in playgroup for toddlers and caregivers focused
on early social play. No registration required.
W, 9/10/25 - 12/17/25 | 9:30AM - 11:00AM

ROBIN'S MOTHERING GROUP | AGES: 0 - 1 YEAR

Location: Northwest Park Early Childhood Center Weekly support group for moms with babies under age 1, led by a lactation consultant. Contact Robin at (860) 742-6231 or RobinDeGemmis@gmail.com to register. Th, 9/11/25 - 12/18/25 | 11:30 AM - 1:30PM

MY BABY & ME | AGES: 0 - 2 YEARS

Location: Northwest Park Early Childhood Center Drop-in playtime for parents and babies to build community and connection. No registration required. Session 1: F, 9/19/25 - 12/5/25 | 9:00AM - 10:15AM

LET'S GET MESSY! | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center Messy sensory fun for curious kids! Includes oobleck, dough, and more.

Session 1: Th, 9/18/25 - 10/23/25 \mid 10:00AM - 11:30AM Fee: \$36 / \$44 (NR)

Session 2: Th, 10/30/25 - 12/18/25 (No class 11/27) 10:00 AM - 11:30 AM

Fee: \$36 / \$44 (NR)

PRESCHOOL DROP-IN PLAY | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center Drop-in playgroup for toddlers and preschoolers with music, crafts, and open play.

Tu, 9/23/25 - 12/9/25 | 3:00PM - 4:15PM

CRADLE TO CRAYONS | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center Cradle to Crayons is a preschool playgroup that supports the development of skills for school and life success.

Th, 9/25/25 - 12/11/25 | 3:00PM - 4:15PM

START SMART SOCCER | AGE: 3 - 5 YEARS

Location: Community Y

Parents will work together with their children in a supportive environment to learn the basics of sport. Teaches children (3-5) a variety of soccer skills including: dribbling/kicking, trapping, passing, shooting and agility skills.

Sat, 10/18 - 11/15

Session 1: 9:00AM - 10:00AM Session 2: 10:00AM - 11:00AM Session 3: 11:00AM - 12:00PM

Fee: \$65/\$81 (NR) Fee Includes Equipment



LAURIE BERKNER FUN | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center Music, crafts, and fun based on the songs of Laurie Berkner!

Tu, 11/11/25 - 12/16/25 | 9:30AM - 11:00AM Fee: \$36 / \$44 (NR)

FAMILY PIE-MAKING WORKSHOP AGES: ALL AGES

(Max 8 families or 20 people)

Location: Manchester Youth Service Bureau Create your own apple pie as a family—just in time for Thanksgiving!

Tu, 11/25/25 | 5:00PM - 7:00PM

FAMILY GINGERBREAD HOUSE COMPETITION AGES: 2+ (Max 8 families or 20 people)

Location: Manchester Youth Service Bureau

Join our 4th Annual Gingerbread House Competition – build, decorate, and enjoy!

Th, 12/11/25 \mid 5:00PM - 7:00PM

GRINCHMAS PARTY | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center Celebrate the holidays with Grinch-themed fun, crafts, and play for preschoolers!

M, 12/22/25 | 10:00AM - 11:30AM

FAMILY ICE SKATING - WINTER BREAK AGES: 5+

Location: South Windsor Ice Arena Enjoy a private family skating session with hot cocoa, snacks, and fun!

Tu, 12/30/25 | 10:30AM - 12:30PM

PLAY & LEARN FALL SERIES

AGES: 1 - 5

Location: Northwest Park Early Childhood Center We will pair our learning with rhymes, movement, stories, circle time, themed activities, crafts, vocabulary rich conversations and of course, play!

Caregivers should be prepared to participate with their little learner! \$36/\$44(NR) per class

PLAY & LEARN YOGA | AGES: 1 - 2 YEARS

Toddler yoga followed by open play. Stretch, explore, and move together!

M, 9/22/25 - 11/3/25 \mid 9:30AM - 11:00AM (No class 10/13)

PLAY & LEARN YOGA | AGES: 3 - 5 YEARS

Preschool yoga and playtime for kids and their grown-ups.

M, 9/22/25 - 11/3/25 | 12:30PM - 2:00PM (No class 10/13)

PLAY & LEARN ABOUT OCEAN ANIMALS AGES: 1 - 2 YEARS

Discover a new ocean animal each week through stories and play.

M, 11/10/25 - 12/15/25 | 9:30AM - 11:00AM

PLAY & LEARN ABOUT OCEANS AND SEAS AGES: 3 - 5 YEARS

Preschoolers explore marine life and ocean science through fun hands-on activities.

M, 11/10/25 - 12/15/25 | 12:30PM - 2:00PM

PLAY & LEARN ABOUT SPACE AGES: 2 - 5 YEARS

Explore stars, rockets, planets, and more in this playful journey through space!

Tu, 9/23/25 - 11/4/25 | 9:30AM - 11:00AM

HAPPY HIKERS FALL SERIES AGES: 4 - 12 YEARS

Free, child-friendly hiking series around Manchester. No registration required.

Wednesdays, 2:45PM

Hike 1 | 10/1/25

Oak Grove Nature Center 269 Oak Grove Street

Hike 2 | 10/8/25

Manchester Land Conservation Trust 330 Bush Hill Rd

Hike 3 | 10/15/25

Porter Howard Reservoir

Ferguson Rd

YOUTHPROGRAMS

JUNIOR TENNIS LESSONS | AGES: 4-7

Location: Summit Street Tennis Courts

This program focuses on teamwork, skills, and competitive play for boys and girls outdoors. Participants should bring sneakers, shorts, a shirt, and a water bottle.

Session 1: M/W, 9/8/25 - 9/24/25

5:30PM - 6:00PM

Session 2: M/W. 9/29/25 - 10/15/25

5:30PM - 6:00PM Fee: \$20/ \$30(NR)

YOUTH TENNIS LESSONS | AGES: 8-12

Location: Summit Street Tennis Courts

This program focuses on teamwork, skills, and competitive play for boys and girls outdoors. Participants should bring sneakers, shorts, a shirt, and

a water bottle.

Session 1: M/W, 9/8/25 - 9/24/25

6:00PM - 7:00PM

Session 2: M/W, 9/29/25 - 10/15/25

6:00PM - 7:00PM Fee: \$20/ \$30 (NR)

ARCHEOLOGY DIG FOR FAMILIES AT PITKIN GLASSWORKS | AGES: 5+

Location: 11 Parker Street, Manchester Family-friendly dig at historic Pitkin Glassworksuncover artifacts and solve local mysteries! Sat. 9/20/25

Rain Date: 9/27/25 | 10:00 AM - 11:30 AM (parent/guardian participation encouraged!)

GIRLS CIRCLE | AGES: 6TH GRADE

Location: Bennet Academy

After school program for 6th grade girls focused on friendship, confidence, and creative self-discovery. Contact Tasha Weston at (860) 647-5215 or tweston@manchesterct.gov to register. M, 9/22/25 - 11/17/25 | 2:45PM - 4:30PM (no session 10/13)

GIRLS CIRCLE | AGES: GRADES 5 - 8

Location: Manchester Middle Academy

School-based group for girls to build confidence, friendships, and healthy identity. Contact Tasha Weston at (860) 647-5215 or

tweston@manchesterct.gov to register. September 2025 - May 2026

JOURNEY: PATHWAY TO LEADERSHIP AGES: GRADES 6 - 8

Location: Manchester Youth Service Bureau Nature-based leadership and service experience with art, woodworking, and field trips.

Tu, 10/7/25 - 12/16/25, 3:30PM - 5:00PM

GLOW ART STUDIO | AGES: 7-12

Location: Leisure Labs Art Lab

Step into the dark and light up your creativity! This special art session features blacklight painting, glowing crafts, and neon fun for kids of all skill levels. Th, 11/6/25 | 6:00PM - 7:30PM

Fee: \$10

SPROUT SQUAD: RECYCLED GARDENERS **AGES: 7-12**

Location: Leisure Labs Program Lab

Learn how to grow your own plants using recycled containers like yogurt cups and soda bottles! Participants decorate planters, plant seeds, and track their plant's progress in fun observation Journals. F, 11/7/25 | 6:00PM - 7:30PM

Fee: No Fee, Registration Required

JOURNEY ART & NATURE / BUILD-A-BOOK AGES: GRADES 4 - 5

Location: Manchester Youth Service Bureau Create, write, and illustrate your own book inspired by nature and art!

W, 10/8/25 - 12/17/25 | 3:30PM - 5:00PM

NEW

NERF NIGHT | AGES: 8 - 12

Location: Leisure Labs Gymnasium

Get ready to run, dodge, and aim in this high-energy Nerf Night featuring obstacle courses, team challenges, and safe Nerf tag battles. All equipment and safety goggles provided.

Sat, 11/15/25 | 4:00PM - 6:00PM

Fee: \$30

STRENGTHENING FAMILIES | AGES: 7 - 17

Location: Manchester Youth Service Bureau 10-week family skills program to build stronger bonds, parenting tools, and youth resilience. M, 10/13/25 - 12/15/25 | 5:30PM - 8:00PM

NEW

THE ROOTS & CULTURE LAB AGES: 2 - 9 & 7 - 15

Location: Eastside Neighborhood Resource Center

Children are invited to step into a vibrant, hands-on learning experience unlike any other. The Roots & Culture Lab is where ancient Indigenous knowledge fuses with modern education to create a dynamic, culturally rich space designed for today's curious, creative minds.

W, 9/3/25 - 12/24/25 | 9:30AM - 11:30AM

(2 - 9 years)

1:00PM - 3:00PM (7 - 15 years)

DROP-IN YOUTH BASKETBALL

Location: Waddell Elementary School Join us for drop-in youth basketball. Open Gym: M - Th, 10/6/25 - 4/9/26 6:00PM - 7:00PM | 13 and under 7:00PM - 8:00PM | 14 - 15 year old 8:00PM - 9:00PM | 16 - 17 year old Fee: No fee (Recreation Card required)

DROP-IN BASKETBALL

Location: Community Y

Join us for drop-in youth basketball, starting 10/6

Monday - Friday, 6:00 - 9:00PM 6:00PM - 7:00PM | 13 and under 7:00PM - 8:00PM | 14 - 15-year-old 8:00PM - 9:00PM | 16 - 17-vegr-old Fee: No fee (Recreation Card required)

CO-ED YOUTH BASKETBALL LEAGUES

This program focuses on teamwork, skills, and competitive play for boys and girls indoors. Participants should bring sneakers, shorts, a shirt, and a water bottle. Mandatory evaluation clinic 11/13

COED YOUTH | AGES: 8 - 9

Location: Leisure Labs at Mahoney Center

Games: Sat, 12/6/25 - 2/7/26

8:30 AM - 1:00PM (No Games 12/27/25)

Fee: \$35

COED YOUTH | AGES: 10 - 12

Practices | Tu. at Waddell School or Community Y

6:00PM - 7:00PM or 8:00PM - 9:00PM

(No Practices 12/23/25)

Games | Sat, 12/6/25 - 2/7/26 | 1:30PM - 4:00PM

Location: Leisure Labs at Mahoney Center

(No Games 12/27/25)

Fee: \$35

FUNDAMENTALS OF BASKETBALL | AGES: 6 - 7

Location: Leisure Labs at Mahoney Center An exciting league where children can meet new friends, learn the concepts of dribbling, passing, defense, offense, and shooting. Equipment provided! F, 12/12/25 - 2/13/26 (No Practice 12/26/25) Cohort 1: 5:30 - 6:30PM

Cohort 2: 6:40 - 7:40PM Fee: \$35

DROP IN BASKETBALL

Location: Leisure Labs at Mahoney Center Drop-In Basketball is offered to the public on a first come, first serve basis. Gymnasiums will be monitored by staff. Hours subject to change once Adult and Youth Recreation Sports begin in November/ December). No drop-in basketball, December - March.

10/6/25 - 5/15/26 M - F, 5:00 - 9:00PM

Sat, 10:00 - 2:00PM

5:00 - 6:00PM | 12 and under 6:00 - 7:00PM | 13 - 15 year old

7:00 - 9:00PM | 16+

Fee: No Cost (Recreation Card Required)