

Call Senior, Adult & Family Services with the Town of Manchester to verify eligibility and sign up if you qualify. 860-647-3096



Connecticut

Senior Farmers' Market Nutrition Program

Senior Farmer's Market Nutrition Program (SFMNP)

is a state and federally-funded program providing age and income eligible seniors with money pre-loaded on a benefit card to purchase unprocessed CT Grown fruits, vegetables, honey, eggs, and herbs at farmers' markets and farm stands throughout Connecticut.

Who is Eligible?

To be eligible for the SFMNP, individuals must:

- Be 60 years of age or older
- Meet income eligibility guidelines set by the USDA
- Reside in Connecticut

How Can Your Organization Participate in SFMNP?

1. Send an email to CTFMNP@ct.gov requesting your municipal elderly service provider, housing site, or senior center be added to the upcoming year's distribution list. A minimum of 25 seniors must be eligible to receive benefits to be added to the distribution list.
2. Attend a virtual training held annually in the spring to learn about the requirements and obligations of the program.
3. Submit an application to register your site and request cards for distribution during the upcoming season.
4. Enter into an agreement with the Connecticut Department of Agriculture. Receive benefit cards for distribution after May 1.

www.CTGrown.gov/FMNP



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How do the Benefits Work?

1. Seniors can redeem their benefits at participating farmers' markets and farm stands from June through November annually.
2. Seniors should look for the SFMNP poster at participating farmer vendors at markets and farm stands.
3. Present the card at payment and provide the card PIN to complete the transaction.
4. Keep the card for the next year; it can be reloaded after completing the annual application.



Benefits of the SFMNP

- Improved Nutrition: Encourages the consumption of fresh, healthy foods.
- Support Local Farmers: Supports local agriculture and the economy.
- Increased Social Interaction: Provides opportunities for seniors to connect with their community.
- Enhanced Quality of Life: Contributes to overall well-being and happiness.

Looking for More Information?

Visit the Connecticut Department of Agriculture website
www.CTGrown.gov/FMNP
or scan the QR code below.

