

Monday			Tuesday			Wednesday			Thursday			Friday					
9:00 Walking	2		9:00 Senior Advisory	3		8:30 Friend Circle	4		9:00 Samba	5		9:00 Walking	6				
9:30 Ceramics			10:00 Spanish Bingo			9:00 Walking			9:30 Scrabble			9:30 Ceramics					
10:00 Strength & Flex			10:00 Chess Club			9:15 Stronger Seniors			10:00 Drumming			10:00 Bingo					
10:00 Games			10:00 Beg. Line Dance			9:30 Blood Pressure			12:00 Town Manager			10:00 Strength & Flex					
10:00 Double 6			10:30 Therapy Dogs			10/11 Strength & Flex			12:00 Lunch			11:00 Light & Lively					
11:00 Light & Lively			11:00 Adv. Line Dance			12:00 Lunch			12:30 Duplicate Bridge			12:00 Lunch					
12:00 Lunch			12:00 Lunch			12:30 Bod Sculpt			12:30 Square Dancing			12:30 Setback					
12:30 Body Sculpt			12:30 Mahjong			12:30 Social Bridge			1:00 Hand & Foot			12:30 Adv. Tai Chi					
12:45 Samba			1:00 Watercolor			12:45 Dominoes			1:00 Quilting			12:45 Cribbage					
1:00 Music Circle			1:30 Adv. Tai Chi			1:20 Light & Lively			2:30 Zumba Gold			1:30 Beg. Tai Chi					
1:20 Light & Lively			2:30 Beg. Tai Chi			2:20 Yoga			Foot Care - Appointment								
2:20/3:20 Yoga						3:20 Yoga											
9:00 Walking	9		10:00 Spanish Bingo	10		Closed Veteran's Day			9:00 Samba	12		9:00 Walking	13				
9:30 Ceramics			10:00 Chess Club							9:30 Scrabble			9:30 Ceramics				
10:00 Strength & Flex			10:00 Beg. Line Dance							10:00 Drumming			10:00 Bingo				
10:00 Games			11:00 Adv. Line Dance							12:00 Lunch			10:00 Strength & Flex				
10:00 Double 6			12:00 Lunch							12:30 Duplicate Bridge			11:00 Light & Lively				
11:00 Light & Lively			12:30 Mahjong							12:30 Square Dancing			12:00 Lunch				
12:00 Lunch			1:00 English Movie							1:00 Hand & Foot			12:30 Setback				
12:30 Body Sculpt			1:00 Red Hats							1:00 Quilting			12:30 Adv. Tai Chi				
12:45 Samba			1:00 Watercolor				2:30 Zumba Gold			12:45 Cribbage							
1:00 Music Circle			1:30 Adv. Tai Chi							1:30 Beg. Tai Chi							
1:20 Light & Lively			2:30 Beg. Tai Chi							Fall Risk - Appointment							
2:20/3:20 Yoga																	
8:45 AARP Driver	16		10:00 Book Group	17		8:30 Friend Circle	18		Closed Staff Training Foot Care and Social Work Appointments Only No Transportation			9:00 Walking	20				
9:00 Walking			10:00 Spanish Bingo			9:00 Walking							9:30 Ceramics				
9:30 Ceramics			10:00 Chess Club			9:15 Stronger Seniors							10:00 Bingo				
10:00 Strength & Flex			10:00 Beg. Line Dance			9:30 Blood Pressure							10:00 Strength & Flex				
10:00 Games/Double 6			11:00 Adv. Line Dance			10/11 Strength & Flex							11:00 Light & Lively				
11:00 Light & Lively			12:00 Lunch			11:00 Newcomer's							12:00 Lunch				
12:00 Lunch			12:30 Mahjong			12:00 Lunch							12:30 Setback				
12:30 Body Sculpt			1:00 Watercolor			12:30 Sculpt/Bridge							12:30 Adv. Tai Chi				
12:45 Samba			1:30 Adv. Tai Chi			12:45 Dominoes				12:45 Cribbage							
1:00 Music Circle			2:30 Beg. Tai Chi			1:20 Light & Lively				1:30 Beg. Tai Chi							
1:20 Light & Lively						2:20 /3:20 Yoga											
2:20/3:20 Yoga						File of Life - Appointment											
Membership Drive			Membership Drive			Membership Drive											
9:00 Walking	23		9:00 Paint Class	24		8:30 Friend Circle	25		26			27					
9:30 Ceramics			10:00 Chess Club			9:00 Walking											
10:00 Strength & Flex			10:00 Beg. Line Dance			9:15 Stronger Seniors											
10:00 Games/Double 6			11:00 Adv. Line Dance			9:30 Blood Pressure											
11:00 Light & Lively			11:30 Thanksgiving Luncheon			10/11 Strength & Flex											
12:00 Lunch			12:30 Mahjong			12:00 Birthday Lunch											
12:30 Body Sculpt			1:00 Spanish Movie			12:30 Sculpt/Bridge											
12:45 Samba			1:00 Watercolor			12:45 Dominoes											
1:00 Eat Well Feel Well						1:20 Light & Lively											
1:00 Music Circle						2:20/3:20 Yoga											
1:20 Light & Lively																	
2:20/3:20 Yoga																	
Mismatch Monday			Team Spirit Tuesday			Wild West Wednesday											
9:00 Walking	30		November 2026														
9:30 Ceramics																	
10:00 Strength & Flex																	
10:00 Games																	
10:00 Double 6																	
11:00 Light & Lively																	
12:00 Lunch																	
12:30 Body Sculpt																	
12:45 Samba																	
1:00 Music Circle																	
1:20 Light & Lively																	
2:20/3:20 Yoga																	