



Manchester Senior Center Lunch Menu

May 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 4/27 – 5/1	Chicken Tenders Mashed Potatoes Corn <i>Contains gluten & dairy</i>	Lasagna Soup Garden Salad Dinner Roll <i>Contains gluten & dairy</i>	Chicken with Sundried Tomatoes & Cream Sauce Rice <i>Contains gluten & dairy</i>	Ham & Cheese Pasta Peas <i>Contains gluten & dairy</i>	Fish Sandwich Coleslaw Chips <i>Contains gluten, dairy, & seafood</i>
Week 2 5/4 – 5/8	Cheeseburger Potato Wedges Fruit <i>Contains gluten & dairy</i>	Turkey Mashed Potatoes Stuffing Corn Cranberry Sauce <i>Contains gluten & dairy</i>	Vegetarian Lasagna Garden Salad <i>Contains gluten & dairy</i>	Pork Chops Scalloped Potatoes Mushrooms & Green Beans <i>Contains dairy</i>	Shrimp & Broccoli Alfredo Cheddar Biscuit <i>Contains gluten, dairy, & seafood</i>
Week 3 5/11 – 5/15	Chicken Parmesan Pasta Garlic Bread <i>Contains gluten & dairy</i>	Egg Salad Sandwich Chips Fruit <i>Contains gluten, dairy, & egg</i>	Swedish Meatballs Egg Noodles Garden Salad <i>Contains gluten & dairy</i>	Korean Beef Rice Cucumber Salad <i>Contains gluten & dairy</i>	Fish & Chips Slaw <i>Contains gluten, dairy, & seafood</i>
Week 4 5/18 – 5/22	Ham & Cheese Egg Bake Seasoned Potatoes Fruit <i>Contains gluten, dairy, & egg</i>	Chickpea Tagine Zucchini Cous Cous <i>Contains gluten & dairy</i>	Pasta Bolognese Garden Salad Breadstick <i>Contains gluten & dairy</i>	Turkey Taco Bowl Rice <i>Contains gluten & dairy</i>	Chicken Cordon Blue Sandwich Roasted Carrots <i>Contains gluten & dairy</i>
Week 5 5/25 – 5/29	Memorial Day CLOSED	Egg Roll Bowl Chicken Thighs Cabbage <i>Contains gluten, soy, & nuts</i>	Tuna Noodle Casserole Peas Garden Salad <i>Contains gluten, dairy, & seafood</i>	BBQ Chicken Sweet Potato Coleslaw & Cornbread <i>Contains gluten & dairy</i>	All Beef Hot Dog Macaroni Salad Fruit <i>Contains gluten</i>

Please call 860-647-3211 to make a lunch reservation.
Menu is subject to change based on availability of product.