


Monday		Tuesday		Wednesday		Thursday		Friday						
9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Walking Group Ceramics Board Games Strength & Flex Light & Lively Lunch Body Sculpt/Pinochle Samba Music Circle Light & Lively Yoga	02	9:00 am 10:00 am 10:00 am 10:30 am 11:00 am 12:00 pm 12:30 pm 1:00 pm 1:00 pm 1:30 pm 2:30 pm	Senior Advisory Chess Club Beginner Line Dancing Therapy Dogs Advanced Line Dancing Lunch Mahjong Red Hats Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	03	8:30 am 9:00 am 9:15 am 9:30 am 10/11:00 am 12:00 pm 12:30 pm 12:30 pm 12:45 pm 1:20 pm 2:20/3:20 pm	Friendship Circle Walking Group Stronger Seniors Blood Pressure Drop-in Strength & Flex Lunch Body Sculpt Social Bridge Mexican Train Dominoes Light & Lively Yoga	04	9:00 am 9:30 am 10:00 am 12:00 pm 12:30 pm 12:30 pm 1:00 pm 1:00 pm 1:00 pm 2:30 pm	Samba Scrabble Cardio Drumming Lunch Duplicate Bridge Square Dancing Hiking Hand & Foot Quilting Zumba Gold	05	9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:30 pm 12:45 pm 1:30 pm	Walking Group Ceramics Bingo Strength & Flex Light & Lively Lunch Setback Advanced Tai Chi Cribbage Beginner Tai Chi Foot Care — By Appointment	06
9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Walking Group Ceramics Board Games Strength & Flex Light & Lively Lunch Body Sculpt/Pinochle Samba Music Circle Light & Lively Yoga	09	10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 1:00 pm 1:00 pm 1:30 pm 2:30 pm	Chess Club Beginner Line Dancing Advanced Line Dancing Lunch Mahjong Movie: The Bucket List Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	10	8:30 am 9:00 am 9:15 am 9:30 am 10:00 am 10/11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Friendship Circle Walking Group Stronger Seniors Blood Pressure Drop-in Grief Support Group Strength & Flex Lunch Body Sculpt/Social Bridge Mexican Train Dominoes Veggie Gardening 101 Light & Lively Yoga	11	9:00 am 9:30 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:30 pm 1:00 pm 1:00 pm 2:30 pm	Samba Scrabble Cardio Drumming Osteoporosis Seminar Lunch Duplicate Bridge Square Dancing Hand & Foot Quilting Zumba Gold	12	9:00 am 9:30 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:30 pm 12:45 pm 1:30 pm	Walking Group Ceramics Bingo Strength & Flex Light & Lively Lunch Setback Advanced Tai Chi Cribbage Beginner Tai Chi	13
9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Walking Group Ceramics Board Games Strength & Flex Light & Lively Lunch Body Sculpt/Pinochle Samba Music Circle Light & Lively Yoga	16	10:00am 10:00 am 10:00 am 11:00 am 11:30 am 12:30 pm 1:00 pm 1:30 pm 2:30 pm	Chess Club Beginner Line Dancing Book Club *NEW TIME* St. Patrick's Day Lunch Mahjong Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	17	8:30 am 9:00 am 9:15 am 9:30 am 10/11:00 am 12:00 pm 12:30 pm 12:45 pm 1:20 pm 2:20/3:20 pm	Friendship Circle Walking Group Stronger Seniors Blood Pressure Drop-in Strength & Flex Newcomer's Meeting Lunch Social Bridge Mexican Train Dominoes Light & Lively Yoga	18	9:00 am 9:30 am 10:00 am 12:00 pm 12:30 pm 12:30 pm 1:00 pm 1:00 pm 1:00 pm 2:30 pm	Samba Scrabble Cardio Drumming Lunch Duplicate Bridge Square Dancing Hiking Hand & Foot Quilting Zumba Gold File of Life—By Appointment	19	9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:30 pm 12:45 pm 1:30 pm	Walking Group Ceramics Bingo Strength & Flex Light & Lively Lunch Setback Advanced Tai Chi Cribbage Beginner Tai Chi Foot Care — By Appointment	20
8:45 am 9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	AARP Safe Driver Walking Group Ceramics Board Games Strength & Flex Light & Lively Lunch Body Sculpt/Pinochle Samba Music Circle Light & Lively Yoga	23	9:00 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 1:00 pm 1:30 pm 2:30 pm	Paint Class Chess Club Beginner Line Dancing Advanced Line Dancing Lunch Mahjong Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	24	8:30 am 9:00 am 9:15 am 9:30 am 10/11:00 am 12:00 pm 12:30 pm 12:45 pm 1:20 pm 2:20/3:20 pm	Friendship Circle Walking Group Stronger Seniors Blood Pressure Drop-in Grief Support Group Strength & Flex Birthday Lunch Body Sculpt/Social Bridge Mexican Train Dominoes Light & Lively Yoga	25	9:00 am 9:30 am 10:00 am 12:00 pm 12:30 pm 12:30 pm 1:00 pm 1:00 pm 2:30 pm	Samba Scrabble Cardio Drumming Lunch Duplicate Bridge Square Dancing Hand & Foot Quilting Zumba Gold	26	9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:30 pm 12:45 pm 1:30 pm	Walking Group Ceramics Bingo Strength & Flex Light & Lively Lunch Setback Advanced Tai Chi Cribbage Beginner Tai Chi	27
9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Walking Group Ceramics Board Games Strength & Flex Light & Lively Lunch Body Sculpt/Pinochle Samba Music Circle Light & Lively Yoga	30	10:00am 10:00 am 11:00 am 1200 pm 12:30 pm 1:00 pm 1:30 pm 2:30 pm	Chess Club Beginner Line Dancing Advanced Line Dancing Lunch Mahjong Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	31	Available Daily 8:30am—4:15pm Billiards Double 6 Dominoes Computer Room		 <h1>March 2026</h1> 