



Manchester Senior Center Lunch Menu

June 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 6/1 – 6/5	Cheeseburger Potato Salad Fruit <i>Contains gluten & dairy</i>	Sausage Pasta with Broccoli <i>Contains gluten</i>	Meat Lasagna Garden Salad <i>Contains gluten & dairy</i>	Chicken with Bacon, Mushrooms & Honey Mustard Sweet Potato <i>Contains gluten & dairy</i>	Fish Tacos Slaw Creamy Cucumber Salad <i>Contains gluten, dairy, & seafood</i>
Week 2 6/8 – 6/12	Greek Turkey Burger Tater Tots <i>Contains gluten & dairy</i>	Stuffed Pepper Casserole <i>Contains dairy</i>	Stuffed Shells Garlic Bread Garden Salad <i>Contains gluten & dairy</i>	Five Spice Chicken Roasted Carrots Rice <i>Contains soy</i>	Biscuits & Gravy Egg Bake Home Fries Fruit <i>Contains gluten & dairy</i>
Week 3 6/15 – 6/19	Teriyaki Chicken Sandwich Macaroni Salad <i>Contains gluten, dairy, & soy</i>	Vegetable Soup w/ Cheese Ravioli <i>Contains gluten & dairy</i>	Shepherd's Pie Garden Salad <i>Contains gluten & dairy</i>	Chicken Cacciatore Dinner Roll <i>Contains gluten</i>	Juneteenth CLOSED
Week 4 6/22 – 6/26	Smothered Pork Chops Mashed Potatoes Green Beans <i>Contains gluten & dairy</i>	Chicken & Stuffing Mixed Vegetables <i>Contains gluten & dairy</i>	Chili Mac Garden Salad <i>Contains gluten & dairy</i>	Tortellini with Pesto Summer Vegetables <i>Contains gluten & dairy</i>	Tuna Sandwich Fruit Salad Chips <i>Contains gluten, dairy, & seafood</i>
Week 5 6/29 – 7/3	All Beef Hot Dog Baked Beans Slaw <i>Contains gluten & dairy</i>	Baked Chicken Roasted Potatoes Corn <i>Contains gluten & dairy</i>	Chicken Bruschetta Pasta Garden Salad <i>Contains gluten & dairy</i>	Enchilada Casserole Seasoned Rice Corn <i>Contains gluten & dairy</i>	Independence Day CLOSED

**Please call 860-647-3211 to make a lunch reservation.
Menu is subject to change based on availability of product.**