

Monday			Tuesday			Wednesday			Thursday			Friday		
9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Walking Group Ceramics Board Games Strength & Flex Light & Lively Lunch Body Sculpt/Pinochle Samba Music Circle Light & Lively Yoga	01	9:00 am 10:00 am 10:00 am 10:30 am 11:00 am 12:00 pm 12:30 pm 1:00 pm 1:00 pm 1:30 pm 2:30 pm	Senior Advisory Chess Club Beginner Line Dancing Therapy Dogs Advanced Line Dancing Lunch Mahjong Red Hats Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	02	8:30 am 9:00 am 9:15 am 9:30 am 10/11:00 am 12:00 pm 12:30 pm 12:30pm 12:45 pm 1:20 pm 2:20/3:20 pm	Friendship Circle Walking Group Stronger Seniors Blood Pressure Drop-in Strength & Flex Lunch Body Sculpt Social Bridge Mexican Train Dominoes Light & Lively Yoga	03	9:00 am 9:30 am 10:00 am 12:00 pm 12:30 pm 12:30 pm 1:00 pm 1:00 pm 2:30 pm	Samba Scrabble Cardio Drumming Lunch Duplicate Bridge Chair Volleyball Hand & Foot Quilting Zumba Gold	04	9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:30 pm 12:45 pm 1:30 pm	Walking Group Ceramics Bingo Strength & Flex Light & Lively Lunch Setback Advanced Tai Chi Cribbage Beginner Tai Chi Foot Care — By Appointment	05
9:00 am 9:00 am 9:30 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Walking Group Grief Support Group Ceramics Strength & Flex/Board Games Light & Lively Lunch Body Sculpt/Pinochle Samba Biking Music Circle Light & Lively Yoga	08	10:00 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 1:00 pm 1:00 pm 1:30 pm 2:30 pm	Straw Hat Decorating Chess Club Beginner Line Dancing Advanced Line Dancing Lunch Mahjong English Movie Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	09	8:30 am 9:00 am 9:15 am 9:30 am 10/11:00 am 12:00 pm 12:30 pm 12:30pm 12:45 pm 1:20 pm 2:20/3:20 pm	Friendship Circle Walking Group Stronger Seniors Blood Pressure Drop-in Strength & Flex Lunch Body Sculpt Social Bridge Mexican Train Dominoes Light & Lively Yoga	10	9:00 am 9:30 am 10:00 am 10:00 am 12:00 pm 12:30 pm 12:30 pm 1:00 pm 1:00 pm 1:00 pm 2:30 pm	Samba Scrabble Park Bus Tour Cardio Drumming Lunch Duplicate Bridge Chair Volleyball Hiking Hand & Foot Quilting Zumba Gold	11	9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:30 pm 12:45 pm 1:30 pm	Walking Group Ceramics Bingo Strength & Flex Light & Lively Lunch Setback Advanced Tai Chi Cribbage Beginner Tai Chi	12
9:00 am 9:30 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Walking Group Ceramics Strength & Flex/Board Games Light & Lively Lunch Body Sculpt/Pinochle Samba Music Circle Light & Lively Yoga	15	9:30 am 10:00 am 10:00 am 10:00am 10:00 am 11:00 am 12:00 pm 12:30 pm 1:00 pm 1:30 pm 2:30 pm	Blood Pressure Drop-in Spanish Bingo! Book Group Chess Club Beginner Line Dancing Advanced Line Dancing Lunch Mahjong Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	16	8:30 am 9:00 am 9:15 am 10/11:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Friendship Circle Walking Group Stronger Seniors Strength & Flex Newcomer’s Meeting Lunch Body Sculpt/Social Bridge Mexican Train Dominoes Breast Cancer Program Light & Lively Yoga	17	9:00 am 9:30 am 10:00 am 12:00 pm 12:30 pm 1:00 pm 1:00pm	Samba Scrabble Cardio Drumming Lunch Duplicate Bridge Open Mic Afternoon Hand & Foot Quilting File of Life—By Appointment	18	Closed Juneteenth		19
9:00 am 9:00 am 9:30 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:00 pm 1:20 pm 2:20/3:20 pm	Walking Group Grief Support Group Ceramics Strength & Flex/Board Games Light & Lively Lunch Body Sculpt/Pinochle Samba Biking Music Circle Light & Lively Yoga	22	10:00 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 1:00 pm 1:00 pm 1:30 pm 2:30 pm	Let’s Talk Energy Chess Club Beginner Line Dancing Advanced Line Dancing Lunch Mahjong Spanish Movie Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	23	8:30 am 9:00 am 9:15 am 9:30 am 10/11:00 am 12:00 pm 12:30 pm 12:45 pm 1:20 pm 2:20/3:20 pm	Friendship Circle Walking Group Stronger Seniors Blood Pressure Drop-in Strength & Flex Birthday Lunch Body Sculpt/Social Bridge Mexican Train Dominoes Light & Lively Yoga	24	9:00 am 9:30 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:30 pm 1:00 pm 1:00 pm 2:30 pm	Samba Scrabble Cardio Drumming Shingles Presentation Lunch Duplicate Bridge Chair Volleyball Hand & Foot Quilting Zumba Gold	25			9:00 am 9:30 am 10:00 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:30 pm 12:45 pm 1:30 pm
8:45 am 9:00 am 9:30 am 10:00 am 11:00 am 12:00 pm 12:30 pm 12:45 pm 1:00 pm 1:20 pm 2:20/3:20 pm	AARP Safe Driver Walking Group Ceramics Strength & Flex/Board Games Light & Lively Lunch Body Sculpt/Pinochle Samba Music Circle Light & Lively Yoga	29	9:00 am 10:00am 10:00 am 11:00 am 12:00 pm 12:30 pm 1:00 pm 1:30 pm 2:30 pm	Paint Program Chess Club Beginner Line Dancing Advanced Line Dancing Lunch Mahjong Watercolor & Oil Advanced Tai Chi Beginner Tai Chi	30	Available Daily 8:30am—4:15pm Billiards Double 6 Dominoes Computer Room			June 2026					