

Monday			Tuesday			Wednesday			Thursday			Friday		
 <i>JANUARY 2026</i> 			Available Daily <i>8:30am—4:15pm</i> Billiards Double 6 Dominoes Computer Room			Happy New Year! Senior Center Closed			01 9:00 am Walking Group 10:00 am Bingo 12:00 pm Lunch 12:30 pm Setback 12:45 pm Cribbage Foot Care — By Appointment			02		
9:00 am Walking Group			9:00 am Senior Advisory			8:30 am Friendship Circle			9:00 am Samba			9:00 am Walking Group		
10:00 am Board Games			10:00 am Chess Club			9:00 am Walking Group			9:30 am Scrabble			10:00 am Bingo		
12:00 pm Lunch			10:20 am Therapy Dogs			9:30 am Blood Pressure Drop-in			12:00 pm Lunch			12:00 pm Lunch		
12:30 pm Pinochle			12:00 pm Lunch			12:00 pm Lunch			12:30 pm Duplicate Bridge			12:30 pm Setback		
12:45 pm Samba			12:30 pm Mahjong			12:30 pm Social Bridge			12:30 pm Square Dancing			12:45 pm Cribbage		
1:00 pm Music Circle			1:00 pm Red Hat Meeting			12:45 pm Mexican Train Dominoes			1:00 pm Hand & Foot					
Don't forget to renew your membership starting today!			1:00 pm Watercolor & Oil						1:00 pm Quilting					
									1:00 pm Hiking					
9:00 am Walking Group			10:00am Chess Club			8:30 am Friendship Circle			9:00 am Samba			9:00 am Walking Group		
9:30 am Ceramics			10:00 am Beginner Line Dancing			9:00 am Walking Group			9:30 am Scrabble			9:30 am Ceramics		
10:00 am Board Games			11:00 am Advanced Line Dancing			9:15 am Stronger Seniors			10:00 am Cardio Drumming			10:00 am Bingo		
10:00 am Strength & Flex			1200 pm Lunch			9:30 am Blood Pressure Drop-in			11:00 am Healthy Sleep for Seniors			10:00 am Strength & Flex		
11:00 am Light & Lively			12:30 pm Mahjong			10/11:00 am Strength & Flex			12:00 pm Lunch			11:00 am Light & Lively		
12:00 pm Lunch			1:00 pm Watercolor & Oil			12:00 pm Lunch			12:30 pm Duplicate Bridge			12:00 pm Lunch		
12:30 pm Body Sculpt/Pinochle			1:00 pm Movie: Respect			12:30 pm Body Sculpt			12:30 pm Square Dancing			12:30 pm Setback		
12:45 pm Samba			1:30 pm Advanced Tai Chi			12:30 pm Social Bridge			1:00 pm Hand & Foot			12:30 pm Advanced Tai Chi		
1:00 pm Music Circle			2:30 pm Beginner Tai Chi			12:45 pm Mexican Train Dominoes			1:00 pm Quilting			12:45 pm Cribbage		
1:20 pm Light & Lively						1:20 pm Light & Lively			2:30 pm Zumba Gold			1:30 pm Beginner Tai Chi		
2:20/3:20 pm Yoga						2:20/3:20 pm Yoga						Foot Care — By Appointment		
9:00 am Walking Group			9:00 am Paint Class			8:30 am Friendship Circle			9:00 am Samba			9:00 am Walking Group		
10:00 am Ceramics			10:00 am Chess Club			9:00 am Walking Group			9:30 am Scrabble			9:30 am Ceramics		
10:00 am Board Games			10:00 am Beginner Line Dancing			9:15 am Stronger Seniors			10:00 am Cardio Drumming			10:00 am Bingo		
10:00 am Strength & Flex			10:30 am Book Group			9:30 am Blood Pressure Drop-in			12:00 pm Lunch			10:00 am Strength & Flex		
11:00 am Light & Lively			11:00 am Advanced Line Dancing			10/11:00 am Strength & Flex			12:30 pm Duplicate Bridge			11:00 am Light & Lively		
12:00 pm Lunch			12:00 pm Lunch			11:00 am Newcomer's Meeting			12:30 pm Square Dancing			12:00 pm Lunch		
12:30 pm Body Sculpt/Pinochle			12:30 pm Mahjong			12:00 pm Lunch			1:00 pm Hand & Foot			12:30 pm Setback		
12:45 pm Samba			1:00 pm Watercolor & Oil			12:30 pm Body Sculpt/Social Bridge			1:00 pm Quilting			12:30 pm Advanced Tai Chi		
1:00 pm Music Circle			1:30 pm Advanced Tai Chi			12:45 pm Mexican Train Dominoes			1:00 pm Hiking			12:45 pm Cribbage		
1:20 pm Light & Lively			2:30 pm Beginner Tai Chi			1:20 pm Light & Lively			2:30 pm Zumba Gold			1:30 pm Beginner Tai Ch		
2:20/3:20 pm Yoga						2:20/3:20 pm Yoga								
8:45 am AARP Smart Driver			10:00 am Chess Club			8:30 am Friendship Circle			9:00 am Samba			9:00 am Walking Group		
9:00 am Walking Group			10:00 am Beginner Line Dancing			9:00 am Walking Group			9:30 am Scrabble			9:30 am Ceramics		
9:30 am Ceramics			11:00 am Advanced Line Dancing			9:15 am Stronger Seniors			10:00 am Cardio Drumming			10:00 am Bingo		
10:00 am Board Games			12:00 pm Lunch			9:30 am Blood Pressure Drop-in			12:00 pm Lunch			10:00 am Strength & Flex		
10:00 am Strength & Flex			12:30 pm Mahjong			10/11:00 am Strength & Flex			12:30 pm Duplicate Bridge			11:00 am Light & Lively		
11:00 am Light & Lively			1:00 pm Watercolor & Oil			12:00 pm Lunch			12:30 pm Square Dancing			12:00 pm Lunch		
12:00 pm Lunch			1:30 pm Advanced Tai Chi			12:30 pm Body Sculpt			1:00 pm Hand & Foot			12:30 pm Setback		
12:30 pm Body Sculpt/Pinochle			2:30 pm Beginner Tai Chi			12:30 pm Social Bridge			1:00 pm Quilting			12:30 pm Advanced Tai Chi		
12:45 pm Samba						12:45 pm Mexican Train Dominoes			2:30 pm Zumba Gold			12:45 pm Cribbage		
1:00 pm Music Circle						1:20 pm Light & Lively						1:30 pm Beginner Tai Ch		
1:20 pm Light & Lively						2:20/3:20 pm Yoga								