

Manchester Senior Center Lunch Menu

January 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 1/1 – 1/5	<i>New Year's Day</i> Senior Center Closed	Garlic Chicken Thighs Sweet Potatoes Broccoli	Salisbury Steak Smashed Potatoes Green Beans	Garlic Pesto Chicken Egg Noodles Parmesan Spinach	Soup, Salad & Sandwich TGIF Dessert
Week 2 1/8 – 1/12	Chef's Choice	Baked Ziti Caesar Salad Dinner Rolls	Vegetable Lasagna Garlic Sticks House Salad	Sloppy Joe Sandwich Tater Tots House Salad	Soup, Salad & Sandwich TGIF Dessert
Week 3 1/15 – 1/19	<i>MLK Jr. Day</i> Senior Center Closed	Pasta & Clam Sauce House Salad Dinner Roll	Shepherd's Pie Cucumber Tomato Salad Croissants	Chicken Cacciatore Caesar Salad Garlic Bread	Soup, Salad & Sandwich TGIF Dessert
Week 4 1/22 – 1/26	Chef's Choice	Roasted Turkey Breast Rice Pilaf Cauliflower	Garlic Chicken in Mushroom Sauce Pesto Roasted Potatoes Green Beans	Honey Mustard Pork Baked Potatoes Brussel Sprouts	Soup, Salad & Sandwich TGIF Dessert
Week 5 1/29 – 2/02	Chef's Choice	Chicken Parmesan Pasta House Salad & Roll	BBQ Chicken Wings Spanish Rice Sweet Plantains	Turkey Pot Pie Caesar Salad Croissants	Soup, Salad & Sandwich TGIF Dessert

Menu is subject to change based on availability of product.