

| Monday                                                                                                                                      |                                                                                                                                                                                             |    | Tuesday                                                                                                                     |                                                                                                                                                                                                    |    | Wednesday                                                                                                                                      |                                                                                                                                                                                                  |    | Thursday                                                                                                                  |                                                                                                                                                                                                      |    | Friday                                                                                                                        |                                                                                                                                                                               |    |
|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|---------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 9:00 am<br>9:30 am<br>10:00 am<br>10:00 am<br>11:00 am<br>12:00 pm<br>12:30 pm<br>12:45 pm<br>1:00 pm<br>1:20 pm<br>2:20/3:20 pm            | Walking Group<br>Ceramics<br>Board Game<br>Strength & Flex<br>Light & Lively<br>Lunch<br>Body Sculpt/Pinochle<br>Samba<br>Music Circle<br>Light & Lively<br>Yoga                            | 01 | 9:00 am<br>10:00 am<br>10:00 am<br>10:30 am<br>11:00 am<br>12:00 pm<br>12:30 pm<br>1:00 pm<br>1:00 pm<br>1:30 pm<br>2:30 pm | Senior Advisory<br>Chess Club<br>Beginner Line Dancing<br>Therapy Dogs<br>Advanced Line Dancing<br>Lunch<br>Mahjong<br>Red Hat Meeting<br>Watercolor & Oil<br>Advanced Tai Chi<br>Beginner Tai Chi | 02 | 8:30 am<br>9:00 am<br>9:15 am<br>9:30 am<br>10/11:00 am<br>12:00 pm<br>12:30 pm<br>12:30 pm<br>12:30 pm<br>12:45 pm<br>1:20 pm<br>2:20/3:20 pm | Friendship Circle<br>Walking Group<br>Stronger Seniors<br>Blood Pressure Drop-in<br>Strength & Flex<br>Lunch<br>Body Sculpt<br>Social Bridge<br>Mexican Train Dominoes<br>Light & Lively<br>Yoga | 03 | 9:00 am<br>9:00 am<br>9:30 am<br>10:00 am<br>12:00 pm<br>12:30 pm<br>12:30 pm<br>1:00 pm<br>1:00 pm<br>1:00 pm<br>2:30 pm | Exploring Memoir<br>Samba<br>Scrabble<br>Cardio Drumming<br>Lunch<br>Duplicate Bridge<br>Square Dancing<br>Hand & Foot<br>Quilting<br>Hiking<br>Zumba Gold                                           | 04 | 9:00 am<br>9:30 am<br>10:00 am<br>10:00 am<br>11:00 am<br>12:00 pm<br>12:30 pm<br>12:30 pm<br>12:30 pm<br>12:45 pm<br>1:30 pm | Walking Group<br>Ceramics<br>Bingo<br>Strength & Flex<br>Light & Lively<br>Lunch<br>Setback<br>Advanced Tai Chi<br>Cribbage<br>Beginner Tai Chi<br>Foot Care — By Appointment | 05 |
| 8:45 AM<br>9:00 am<br>9:30 am<br>10:00 am<br>10:00 am<br>11:00 am<br>12:00 pm<br>12:30 pm<br>12:45 pm<br>1:00 pm<br>1:20 pm<br>2:20/3:20 pm | AARP Safe Driver Course<br>Walking Group<br>Ceramics<br>Board Game<br>Strength & Flex<br>Light & Lively<br>Lunch<br>Body Sculpt/Pinochle<br>Samba<br>Music Circle<br>Light & Lively<br>Yoga | 08 | 10:00 am<br>10:00 am<br>11:00 am<br>12:00 pm<br>12:30 pm<br>1:00 pm<br>1:00 pm<br>1:30 pm<br>2:30 pm                        | Chess Club<br>Beginner Line Dancing<br>Advanced Line Dancing<br>Lunch<br>Mahjong<br>Movie: LAST CHRISTMAS<br>Watercolor & Oil<br>Advanced Tai Chi<br>Beginner Tai Chi                              | 09 | 8:30 am<br>9:00 am<br>9:15 am<br>9:30 am<br>10/11:00 am<br>12:00 pm<br>12:30 pm<br>12:30 pm<br>12:30 pm<br>12:45 pm<br>1:20 pm<br>2:20/3:20 pm | Friendship Circle<br>Walking Group<br>Stronger Seniors<br>Blood Pressure Drop-in<br>Strength & Flex<br>Lunch<br>Body Sculpt<br>Social Bridge<br>Mexican Train Dominoes<br>Light & Lively<br>Yoga | 10 | 9:00 am<br>9:00 am<br>9:30 am<br>10:00 am<br>10:00 am<br>12:00 pm<br>12:30 pm<br>1:00 pm<br>2:30 pm                       | Exploring Memoir<br>Samba<br>Scrabble<br>Cardio Drumming<br>Free Health Information<br>Lunch<br>Square Dancing/Duplicate Bridge<br>Hand & Foot/Quilting<br>Zumba Gold<br>File of Life—By Appointment | 11 | 9:00 am<br>9:30 am<br>10:00 am<br>10:00 am<br>11:00 am<br>12:00 pm<br>12:30 pm<br>12:30 pm<br>12:30 pm<br>12:45 pm<br>1:30 pm | Walking Group<br>Ceramics<br>Bingo<br>Strength & Flex<br>Light & Lively<br>Lunch<br>Setback<br>Advanced Tai Chi<br>Cribbage<br>Beginner Tai Ch                                | 12 |
| 9:00 am<br>9:30 am<br>10:00 am<br>10:00 am<br>11:00 am<br>12:00 pm<br>12:30 pm<br>12:45 pm<br>1:00 pm<br>1:20 pm<br>2:20/3:20 pm            | Walking Group<br>Ceramics<br>Board Game<br>Strength & Flex<br>Light & Lively<br>Lunch<br>Body Sculpt/Pinochle<br>Samba<br>Music Circle<br>Light & Lively<br>Yoga                            | 15 | 10:00am<br>10:00 am<br>10:30 am<br>10:30 am<br>11:00 am<br>1200 pm<br>12:30 pm<br>1:00 pm<br>1:30 pm<br>2:30 pm             | Chess Club<br>Beginner Line Dancing<br>Holiday Concert<br>Book Group<br>Advanced Line Dancing<br>Lunch<br>Mahjong<br>Watercolor & Oil<br>Advanced Tai Chi<br>Beginner Tai Chi                      | 16 | 8:30 am<br>9:00 am<br>9:15 am<br>9:30 am<br>10/11:00 am<br>12:00 pm<br>12:30 pm<br>12:30 pm<br>12:30 pm<br>12:45 pm<br>1:20 pm<br>2:20/3:20 pm | Friendship Circle<br>Walking Group<br>Stronger Seniors<br>Blood Pressure Drop-in<br>Strength & Flex<br>Lunch<br>Body Sculpt<br>Social Bridge<br>Mexican Train Dominoes<br>Light & Lively<br>Yoga | 17 | 9:00 am<br>9:30 am<br>11:30 am<br>1:00 pm<br>1:00 pm                                                                      | Samba<br>Scrabble<br>Holiday Party<br>Hand & Foot<br>Quilting                                                                                                                                        | 18 | 9:00 am<br>9:30 am<br>10:00 am<br>10:00 am<br>11:00 am<br>12:00 pm<br>12:30 pm<br>12:30 pm<br>12:30 pm<br>12:45 pm<br>1:30 pm | Walking Group<br>Ceramics<br>Bingo<br>Strength & Flex<br>Light & Lively<br>Lunch<br>Setback<br>Advanced Tai Chi<br>Cribbage<br>Beginner Tai Chi<br>Foot Care — By Appointment | 19 |
| 9:00 am<br>10:00 am<br>12:00 pm<br>12:30 pm<br>12:45 pm<br>1:00 pm                                                                          | Walking Group<br>Board Game<br>Lunch<br>Pinochle<br>Samba<br>Music Circle                                                                                                                   | 22 | 10:00 am<br>12:00 pm<br>12:30 pm<br>1:00 pm                                                                                 | Chess Club<br>Lunch<br>Mahjong<br>Watercolor & Oil                                                                                                                                                 | 23 | 8:30 am<br>9:00 am<br>9:30 am<br>12:00 pm<br>12:30 pm<br>12:45 pm                                                                              | Friendship Circle<br>Walking Group<br>Blood Pressure Drop-in<br>Lunch<br>Social Bridge<br>Mexican Train Dominoes                                                                                 | 24 | Senior Center Closed<br>HAPPY HOLIDAYS                                                                                    |                                                                                                                                                                                                      |    | Senior Center Closed<br>HAPPY HOLIDAYS                                                                                        |                                                                                                                                                                               |    |
|                                                                                                                                             |                                                                                                                                                                                             |    |                                                                                                                             |                                                                                                                                                                                                    |    |                                                                                                                                                |                                                                                                                                                                                                  |    |                                                                                                                           |                                                                                                                                                                                                      |    |                                                                                                                               |                                                                                                                                                                               |    |
| 9:00 am<br>10:00 am<br>12:00 pm<br>12:30 pm<br>12:45 pm<br>1:00 pm                                                                          | Walking Group<br>Board Game<br>Lunch<br>Pinochle<br>Samba<br>Music Circle                                                                                                                   | 29 | 9:00 am<br>10:00 am<br>12:00 pm<br>12:30 pm<br>1:00 pm                                                                      | Paint Class<br>Chess Club<br>Lunch<br>Mahjong<br>Watercolor & Oil                                                                                                                                  | 30 | 8:30 am<br>9:00 am<br>9:30 am<br>12:00 pm<br>12:30 pm<br>12:45 pm                                                                              | Friendship Circle<br>Walking Group<br>Blood Pressure Drop-in<br>Birthday Lunch<br>Social Bridge<br>Mexican Train Dominoes                                                                        | 31 | DECEMBER<br>2025<br><br>Happy New Year!!                                                                                  |                                                                                                                                                                                                      |    | Available Daily<br>8:30am—4:15pm<br><br>Billiards<br>Double 6 Dominoes<br>Computer Room                                       |                                                                                                                                                                               |    |
|                                                                                                                                             |                                                                                                                                                                                             |    |                                                                                                                             |                                                                                                                                                                                                    |    |                                                                                                                                                |                                                                                                                                                                                                  |    |                                                                                                                           |                                                                                                                                                                                                      |    |                                                                                                                               |                                                                                                                                                                               |    |