



## Manchester Senior Center Lunch Menu

# April 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 3/30 – 4/3	Pierogies Kielbasa Broccoli <i>Contains gluten &amp; dairy</i>	Honey Mustard & Lemon Chicken Rice Cauliflower <i>Contains dairy</i>	Sloppy Joes Cucumber & Carrot Salad <i>Contains gluten &amp; dairy</i>	Philly Steak Pasta Fruit <i>Contains gluten &amp; dairy</i>	<b>SENIOR CENTER CLOSED GOOD FRIDAY</b>
<b>Week 2</b> 4/6 – 4/10	Teriyaki Chicken Vegetables Rice <i>Contains gluten, dairy, &amp; soy</i>	Manicotti Garden Salad Garlic Bread <i>Contains gluten &amp; dairy</i>	Tamale Pie <i>Contains gluten &amp; dairy</i>	Cheeseburger Potato Salad Fruit <i>Contains gluten &amp; dairy</i>	Tortellini Pesto Primavera Garlic Bread <i>Contains gluten &amp; dairy</i>
<b>Week 3</b> 4/13 – 4/17	Quiche Lorraine Fresh Fruit <i>Contains gluten &amp; dairy</i>	Meatball Sub Three Bean Salad Chips <i>Contains gluten</i>	Seasoned Pork Loin Cous Cous Vegetables <i>Contains dairy</i>	Chicken Divan Roasted Potatoes <i>Contains gluten &amp; dairy</i>	Clam Chowder in Bread Bowl Garden Salad Fruit <i>Contains gluten, dairy, &amp; seafood</i>
<b>Week 4</b> 4/20 – 4/24	Cabbage Rolls Garden Salad Dinner Roll <i>Contains gluten</i>	Parmesan Chickpea Orzo with Spinach <i>Contains gluten &amp; dairy</i>	Million Dollar Mexican Spaghetti <i>Contains gluten &amp; dairy</i>	Greek Turkey Burger Pasta Salad <i>Contains gluten</i>	Pierogis Kielbasa Sauerkraut <i>Contains gluten &amp; dairy</i>
<b>Week 5</b> 4/27 – 5/1	Chicken Tenders Mashed Potatoes Corn <i>Contains gluten &amp; dairy</i>	Lasagna Soup Garden Salad Dinner Roll <i>Contains gluten &amp; dairy</i>	Chicken with Sundried Tomatoes & Cream Sauce Rice <i>Contains gluten &amp; dairy</i>	Ham & Cheese Pasta Peas <i>Contains gluten &amp; dairy</i>	Fish Sandwich Coleslaw Chips <i>Contains gluten, dairy, &amp; seafood</i>

**Please call 860-647-3211 to make a lunch reservation.**  
**Menu is subject to change based on availability of product.**