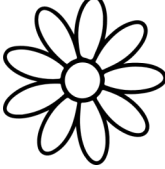
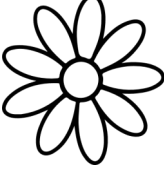


Monday		Tuesday		Wednesday		Thursday		Friday			
 <h1 style="text-align: center;">April 2026</h1> 				8:30 am Friendship Circle	01	9:00 am Samba	02	<h2 style="font-size: 2em;">Closed</h2> <h3 style="font-size: 1.5em;">Good Friday</h3>			
		9:00 am Walking Group		9:00 am Walking Group		9:30 am Scrabble				9:30 am Walking Group	03
		9:30 am Ceramics		9:15 am Stronger Seniors		10:00 am Cardio Drumming				9:30 am Ceramics	
		10:00 am Board Games		9:30 am Blood Pressure Drop-in		12:00 pm Lunch				10:00 am Bingo	
		10:00 am Strength & Flex		10/11:00 am Strength & Flex		12:30 pm Duplicate Bridge				10:00 am Strength & Flex	
		11:00 am Light & Lively		12:00 pm Lunch		12:30 pm Square Dancing				11:00 am Light & Lively	
		12:00 pm Lunch		12:30 pm Body Sculpt		1:00 pm Hiking				12:00 pm Lunch	
		12:30 pm Body Sculpt/Pinochle		12:30 pm Social Bridge		1:00 pm Hand & Foot				12:30 pm Setback	
		12:45 pm Samba		12:45 pm Mexican Train Dominoes		1:00 pm Quilting				12:30 pm Advanced Tai Chi	
		1:00 pm Music Circle		1:20 pm Light & Lively		2:30 pm Zumba Gold				12:45 pm Cribbage	
1:20 pm Light & Lively		2:20/3:20 pm Yoga				1:30 pm Beginner Tai Chi					
2:20/3:20 pm Yoga						<b>Foot Care — By Appointment</b>					
9:00 am Walking Group	06	9:00 am Senior Advisory	07	8:30 am Friendship Circle	08	9:00 am Samba	09	9:00 am Walking Group	10		
9:30 am Ceramics		10:00 am Chess Club		9:00 am Walking Group		9:30 am Scrabble		9:30 am Ceramics			
10:00 am Board Games		10:00 am Beginner Line Dancing		9:15 am Stronger Seniors		10:00 am Cardio Drumming		10:00 am Bingo			
10:00 am Strength & Flex		10:30 am Therapy Dogs		9:30 am Blood Pressure Drop-in		12:00 pm Lunch		10:00 am Strength & Flex			
11:00 am Light & Lively		11:00 am Advanced Line Dancing		10:00 am Grief Support Group		12:30 pm Duplicate Bridge		11:00 am Light & Lively			
12:00 pm Lunch		12:00 pm Lunch		10/11:00 am Strength & Flex		12:30 pm Square Dancing		12:00 pm Lunch			
12:30 pm Body Sculpt/Pinochle		12:30 pm Mahjong		12:00 pm Lunch		1:00 pm Hand & Foot		12:30 pm Setback			
12:45 pm Samba		1:00 pm Red Hats		12:30 pm Body Sculpt/Social Bridge		1:00 pm Quilting		12:30 pm Advanced Tai Chi			
1:00 pm Music Circle		1:00 pm Watercolor & Oil		12:45 pm Mexican Train Dominoes		2:30 pm Zumba Gold		12:45 pm Cribbage			
1:20 pm Light & Lively		1:30 pm Advanced Tai Chi		1:20 pm Light & Lively				1:30 pm Beginner Tai Chi			
2:20/3:20 pm Yoga		2:30 pm Beginner Tai Chi		2:20/3:20 pm Yoga				<b>Foot Care — By Appointment</b>			
9:00 am Walking Group	13	10:00 am Understanding Parkinson's	14	8:30 am Friendship Circle	15	9:00 am Samba	16	9:00 am Walking Group	17		
9:30 am Ceramics		10:00am Chess Club		9:00 am Walking Group		9:30 am Scrabble		9:30 am Ceramics			
10:00 am Strength & Flex/Board Games		10:00 am Beginner Line Dancing		9:15 am Stronger Seniors		10:00 am Cardio Drumming		10:00 am Bingo			
11:00 am Light & Lively		11:00 am Advanced Line Dancing		9:30 am Blood Pressure Drop-in		10:00 am Lunch		10:00 am Strength & Flex			
12:00 pm Lunch		12:00 pm Lunch		10/11:00 am Strength & Flex		12:00 pm Lunch		11:00 am Light & Lively			
12:30 pm Body Sculpt/Pinochle		1:00 pm Movie: Annie		11:00 am Newcomer's Meeting		12:30 pm Duplicate Bridge		12:00 pm Lunch			
12:45 pm Samba		12:30 pm Mahjong		12:00 pm Lunch		12:30 pm Square Dancing		12:30 pm Setback			
1:00 pm Biking		1:00 pm Watercolor & Oil		12:30 pm Body Sculpt/Social Bridge		1:00 pm Hiking		12:30 pm Advanced Tai Chi			
1:00 pm Music Circle		1:30 pm Advanced Tai Chi		12:45 pm Mexican Train Dominoes		1:00 pm Hand & Foot/Quilting		12:45 pm Cribbage			
1:20 pm Light & Lively		2:30 pm Beginner Tai Chi		1:20 pm Light & Lively		2:30 pm Zumba Gold		1:30 pm Beginner Tai Chi			
2:20/3:20 pm Yoga				2:20/3:20 pm Yoga		<b>File of Life—By Appointment</b>		<b>Foot Care — By Appointment</b>			
8:45 am AARP Safe Driver	20	10:00 am Book Group	21	8:30 am Friendship Circle	22	9:00 am Samba	23	9:00 am Walking Group	24		
9:00 am Walking Group		10:00 am Chess Club		9:00 am Walking Group		9:30 am Scrabble		9:30 am Ceramics			
9:30 am Ceramics		10:00 am Beginner Line Dancing		9:15 am Stronger Seniors		10:00 am Cardio Drumming		10:00 am Vet Clinic			
10:00 am Board Games		11:00 am Advanced Line Dancing		9:30 am Blood Pressure Drop-in		12:00 pm Lunch		10:00 am Bingo			
10:00 am Strength & Flex		12:00 pm Lunch		10:00 am Grief Support Group		12:30 pm Duplicate Bridge		12:00 pm Lunch			
11:00 am Light & Lively		12:30 pm Mahjong		10/11:00 am Strength & Flex		12:30 pm Square Dancing		12:30 pm Setback			
12:00 pm Lunch		1:00 pm Watercolor & Oil		12:00 pm Lunch		1:00 pm Hand & Foot		12:45 pm Cribbage			
12:30 pm Body Sculpt/Pinochle		1:30 pm Advanced Tai Chi		12:30 pm Body Sculpt/Social Bridge		1:00 pm Quilting					
12:45 pm Samba		2:30 pm Beginner Tai Chi		12:45 pm Mexican Train Dominoes		2:30 pm Zumba Gold		<b>*No Exercise Class Today*</b>			
1:00 pm Music Circle				1:20 pm Light & Lively							
1:20 pm Light & Lively				2:20/3:20 pm Yoga							
2:20/3:20 pm Yoga											
9:00 am Walking Group	27	9:00 am Paint Class	28	8:30 am Friendship Circle	29	9:00 am Samba	30	<h3 style="font-size: 1.2em;">Available Daily</h3> <p style="font-size: 1.1em;">8:30am—4:15pm</p> <p style="font-size: 1.1em;">Billiards</p> <p style="font-size: 1.1em;">Double 6 Dominoes</p> <p style="font-size: 1.1em;">Computer Room</p>			
9:30 am Ceramics		10:00am Chess Club		9:00 am Walking Group		9:30 am Scrabble					
10:00 am Strength & Flex/Board Games		10:00 am Beginner Line Dancing		9:15 am Stronger Seniors		10:00 am Cardio Drumming					
11:00 am Light & Lively		11:00 am Advanced Line Dancing		9:30 am Blood Pressure Drop-in		12:00 pm Lunch					
12:00 pm Lunch		12:00 pm Lunch		10/11:00 am Strength & Flex		12:30 pm Duplicate Bridge					
12:30 pm Body Sculpt/Pinochle		12:30 pm Mahjong		12:00 pm Birthday Lunch		12:30 pm Square Dancing					
12:45 pm Samba		1:00 pm Watercolor & Oil		12:30 pm Body Sculpt/Social Bridge		1:00 pm Hand & Foot					
1:00 pm Biking		1:30 pm Advanced Tai Chi		12:45 pm Mexican Train Dominoes		1:00 pm Quilting					
1:00 pm Music Circle		2:30 pm Beginner Tai Chi		1:20 pm Light & Lively		2:30 pm Zumba Gold					
1:20 pm Light & Lively				2:20/3:20 pm Yoga							
2:20/3:20 pm Yoga											