

Manchester Senior Center Lunch Menu—November 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 11/3 – 11/7	Fish Sandwich Slaw Fruit <i>*Contains seafood, gluten, dairy*</i>	Philly Cheesesteak Pasta <i>*Contains gluten, dairy*</i>	Pork Chop Root Vegetables Applesauce	Bahn Mi Turkey Burger Carrot, cucumber, cilantro Slaw Chips <i>*Contains gluten, dairy*</i>	Egg Roll Bowl Chicken Thighs <i>*Contains nuts, soy*</i>
Week 2 11/10 – 11/14	Chicken Cordon Blue Sandwich Potato Salad <i>*Contains gluten, dairy*</i>	Closed Veteran's Day	Stuffed Shells Garden Salad Bread <i>*Contains gluten, dairy*</i>	Chicken Tikka Masala Rice Naan <i>*Contains gluten, dairy*</i>	Tuna Sandwich Chips Fruit <i>*Contains seafood, gluten, dairy*</i>
Week 3 11/17 – 11/21	Eggplant Parmesan Sandwich 3 Bean Salad <i>*Contains gluten, dairy*</i>	Thanksgiving Luncheon! Turkey & Gravy Mashed Potatoes Stuffing Green Beans Pie <i>*Contains gluten, dairy*</i> <u>No Takeouts</u>	Chicken Wings Mac & Cheese Fruit <i>*Contains gluten, dairy*</i>	Southwest Ground Turkey Sweet Potato Black Beans	Korean Beef Rice Cucumber & Carrots
Week 4 11/24 – 11/28	Broccoli Cheddar Quiche Hashbrowns Fruit <i>*Contains gluten, dairy*</i>	Mexican Chicken Rice Corn <i>*Contains dairy*</i>	Cheeseburger Potato Wedges Fruit <i>*Contains gluten, dairy*</i>	Closed Thanksgiving	Closed Thanksgiving

Please call **860-647-3211** to make a lunch reservation.
Menu is subject to change based on availability of product.