

MANCHESTER

NOW

FALL 2025



**CELEBRATE THE GRAND OPENING OF
MANCHESTER'S NEWEST PARK THIS SEPTEMBER**

BUILT TO PLAY.



EDITORS MESSAGE

A TIME TO CELEBRATE IN MANCHESTER

As we move through an exciting period of growth and transformation, it's time to celebrate the vibrant future of Manchester! Our community is witnessing significant investments that are shaping it into an even better place for families to live, play, and thrive.

For starters, join us for the grand opening of "The Oak" at Charter Oak Park on Saturday, September 13, beginning at 4:00 PM. It's going to be a fantastic event and a great way to experience the new all-wheel park and artificial turf field, as well as all the other fun amenities the park has to offer.

Adding to that excitement, we are thrilled to introduce a host of new initiatives and improvements that enhance our community's quality of life. On Spruce Street, the East Side Plaza will bring our popular market series to the street during the 2026 season, in addition to becoming the host site for an array of new neighborhood activities. Additionally, we cannot overlook the excitement surrounding the new downtown library, which will stand as a magnificent anchor for our community.

Finally, check out the new wayfinding system at the corner of Prospect and Hartford Road. This new system will guide residents and visitors through our National Historic District and along the Cheney Rail Trail, with connections to both the East Coast Greenway and the Hop River Linear Trail system. And let's not forget the recognition of Manchester as an Arts and Cultural Community by the State of Connecticut. This designation validates the creative and inclusive efforts Manchester has made over the past 15 years to recognize our local "creatives", and values them and their creative works as an important contributor to our local economy.

We look forward to celebrating these milestones with you!



EDITOR-IN-CHIEF

Christopher J. Silver

Director of Leisure, Family, and Recreation

WHAT'S INSIDE



Learn more about Manchester's parks and facilities
page 4 - 5



The Oak grand opening & upcoming events
page 6 - 9



Fall aquatics scheduling, pool dates, and important information
page 10 - 12



Teen programming
page 13



Early Childhood & Youth programming
page 14 - 15



Adult programming
page 16



Get involved with Bike Walk Manchester
page 17



Library programming
page 18 - 19



Senior Center programming
page 20 - 22

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Manchester High School Stories
page 23



Spin Fest: an event of riding, music, and food.
Powered by RIM
page 24

New Eastside Plaza & Community Garden

Located on Spruce Street, this exciting new project is set to be completed this fall. The plaza will connect with the Eastside Neighborhood Resource Center and bring a wide range of improvements, including:

- A linear trail from Cottage St. to Spruce St.
- A new basketball court and playground
- Sidewalk improvements and a raised roadway
- Performance and viewing pavilions
- Fountain features
- 20 galvanized steel garden beds
- Two new parking lots and expanded gardens
- Upgraded lighting

Stay tuned for more updates—and details on spring and summer events—in upcoming editions of Manchester Now!

America's Birthday - 250th

Communities everywhere are gearing up to honor this historic milestone! From big celebrations to neighborhood happenings, there will be countless ways to join in and celebrate our nation together. Details on local events will be included in the upcoming Summer issue of Manchester Now

Outdoor Ice skating

When the temperature drops, Manchester residents can lace up their skates and enjoy

some winter fun! Weather permitting, Union Pond Park on North School Street transforms into a picturesque skating spot, while Charter Oak Park offers another neighborhood favorite for gliding across the ice. Whether you're practicing twirls, racing friends, or just soaking in the frosty magic, skating in Manchester is a joyful way to embrace the season.

Center Springs Improvements

Exciting upgrades are coming to Center Springs Park by spring 2026! Visitors can look forward to eco-friendly, motion-sensored trail lighting, an illuminated Cheney Rail Trail Bridge, and improved pond maintenance—all designed to make the park safer, more sustainable, and welcoming. These enhancements will be unveiled just in time for the Run, Rock, and Ride event on May 21, 2026.

REGISTERNOW

REGISTRATION DATES

RESIDENTS | SEPTEMBER 10, 2025

NON RESIDENTS | SEPTEMBER 12, 2025

ONLINE REGISTRATION | Don't remember your username or password?

Give us a call and we can assist you!

Log on to: RecOnline.townofmanchester.org

OVER THE PHONE | Contact us at (860) 647-3084. If paying over the phone, a Visa or MasterCard must be used.

IN-PERSON | Visit the Manchester Community Y Recreation Center or the Center Springs Park Main Lodge.

REGISTRATION | Participants who are Manchester residents require proof of residency upon initial account registration and set-up, unless otherwise noted. A resident is defined as a person who permanently resides in the Town of Manchester. Non residents may only register for programs that indicate "Non-Resident" (NR fee) next to the listed fee.

PROGRAM ENROLLMENT POLICY | Enrollment is limited and most programs are on a first come, first served basis. The Recreation Division reserves the right to cancel or close a program which does not meet minimum enrollment requirements.

REFUND POLICY | Full refunds will be made if a request is made at least one week prior to the start of the program or if the Recreation Division cancels the class.

LATE REGISTRATION | Late registration may be accepted for most programs if space permits. Programs are not prorated for late registration.

CONFIRMATION RECEIPT | Online registrants should print out their receipt upon registration.

WAITING LIST | If your desired class is filled, you may be placed on a waitlist, if a waitlist is available. This does not include the Infant, Toddler, Preschool and Levels 1-6 swim lessons.

PROGRAM CANCELLATION LINE

Access program cancellations 24/7 on our program cancellation line by calling (860) 647-3162.

FOLLOW US ON SOCIAL MEDIA

Like us on Facebook and follow us on Instagram & Twitter to learn more about programs, upcoming events and more!

MEMBERSHIP

Facility Pass for Seniors, Adults & Youth Valid until December 31, 2025

A facility pass is required and allows drop-in use of the recreation centers, outdoor pools, indoor pools, and the Community Y Fitness Center during the 2025 recreation season. Senior citizen passes are also valid for the Manchester Senior Center, Senior Center programs, and Community Y Fitness Center.

A facility pass is for Manchester residents only and a valid ID is required to prove residency upon purchase and renewal. You must be present when purchasing a membership as photos will be taken at the time of purchase. Adult, Youth and Senior facility passes can be purchased at Center Springs, Community Y Rec Center. Senior passes can also be purchased at the Senior Center.

FACILITY PASS FEES

Youth (0 - 20 years old)	No Cost
Adults (21 - 59 years old)	\$25.00 (prorated)
Senior Citizen (60 and older)	\$10.00
Lost Card Replacement Fee	\$5.00

SPECIAL CONSIDERATION

Per Connecticut General Statute 19a-77 we are required to disclose that our programs are not licensed by the State Office of Early Childhood.



MANCHESTER LOCATIONS

The Manchester locations guide includes information on town green spaces, recreation centers, program facilities and more. For a complete listing of facilities, please contact the Recreation Division at (860) 647-3084.



CENTER SPRINGS 39 LODGE DRIVE

A picturesque, 57-acre park in the center of Manchester, Center Springs Park offers an 18-hole disc golf course, fishing and observation piers, covered pavilions, public art installations, and is home to the Center Springs Lodge, the main office for the Department of Leisure, Family and Recreation. The park also has an access point to the Cheney Rail Trail.



EARLY CHILDHOOD CENTER 448 TOLLAND TURNPIKE

Located at Northwest Park in Building #1, this center provides early childhood development programming, support and parenting resources. This center is managed by the Youth Service Bureau.



COMMUNITY Y RECREATION CENTER 78 NORTH MAIN STREET

The Community Y Recreation Center houses a fitness center, gymnasium and dance studio. The center also hosts registration for recreational programs and memberships.



LEISURE LABS AT MAHONEY CENTER 110 CEDAR STREET

Leisure Labs at Mahoney Center is a vibrant community hub offering creative, active, and social programs for all ages. With program spaces including the gym, art lab, and cafeteria, it's a place where families, youth, and teens can explore new hobbies and connect with others in a welcoming environment. It also serves as the venue for our adult volleyball leagues, youth basketball, soccer, and tennis programs, as well as our largest summer camp program.



CHARTER OAK PARK CHARTER OAK STREET

Charter Oak Park includes playgrounds, basketball and tennis courts, a softball field, music garden, the only three-sided handball court in the state, and internal park pathways and access to the East Coast Greenway, along with a connection to Mount Nebo park. Coming soon - The Oak soccer field and all wheel park and pump track. During the summer, the park hosts the Park Ambassador and Yellow Bike programs.



YOUTH SERVICE BUREAU 63 LINDEN STREET

The Manchester Youth Service Bureau is devoted to providing opportunities for personal growth to Manchester youth, ages birth to 21, through low-to-no cost programs, services and activities that aim to develop responsible individuals who make positive contributions to the community.



SCAN FOR

TRAILGUIDE

NORTHWEST PARK
448 TOLLAND TURNPIKE

This premier 24-acre park on the north end of Manchester sits on the north shore of Union Pond and features baseball fields, a pond, observation pier, accessible playground, pavilion, hiking trails and more.



INDOOR SWIMMING POOLS
MANCHESTER HIGH SCHOOL
134 EAST MIDDLE TURNPIKE

The MHS Main pool is a 25 yard, 6-lane indoor pool. The IOH Pool is adjacent to the MHS Main Pool. The entrance, pool and locker room are fully accessible. The pool is heated, with steps and a ramp for pool entry. Please enter into the facility through the IOH Main Entrance. Parking and entrance to the pool is located on Brookfield St.



PUBLIC LIBRARIES
586 MAIN STREET | MAIN LIBRARY
100 NORTH MAIN STREET | WHITON

Manchester has two public libraries. The Main Library Building is located in the heart of Manchester's downtown, while the Whiton Branch Library is located on the north end of Manchester, adjacent to the Community Y Recreation Center.



SENIOR CENTER
549 EAST MIDDLE TURNPIKE

The Senior Center offers a comprehensive array of activities and services to meet the needs of Manchester's seniors, encourages healthy lifestyles and supports lifelong learning.



LIGHTED SCHOOLS
ILLING | 227 MIDDLE TPKE EAST
VERPLANCK | 126 OLCOTT STREET
WADDELL | 163 BROAD STREET

Discover drop-in sports at lighted school gyms around town—bright nights, active fun, and exciting games waiting just around the corner in a neighborhood near you! See locations above.



EASTSIDE NEIGHBORHOOD
RESOURCE CENTER
153 SPRUCE STREET

The Eastside Neighborhood Resource Center is home to the Neighborhoods & Families Division and offers no-to-low cost community-based programming, as well as space for community groups to meet. This is also the site for the community's popular Spruce Street Farmers Market and community garden.

GRAND OPENING

SATURDAY, SEPTEMBER 13TH

4:00PM - 7:00PM

rain date | 9.14.25

RIBBON CUTTING AT 4PM

Join us September 13th, as we celebrate the grand opening of *The Oak* – Manchester's brand-new skatepark and community destination. This exciting new space also features a pump track, and full-sized turf soccer field.

ALL WHEELS PARK

Open Skate + Ride

Competitions

Live Art

TURF FIELD

Soccer Mania

Opening Ceremony

MHS Woman's Varsity Soccer Game

BMX Drawing

CREATIVE ZONE

Rock Climbing Wall

Make Your Mark Mural

Rec on the Run

FITZGERALD FIELD

Parkour

Parkour Master Demo

UPPER COURTS

PAL 3v3 Basketball

Youth Basketball Clinics

FUN ZONE

DJ Dale

Rotary Music Garden

Playground

Inflatables



SWAGSHOP

OPEN 4:00PM - 7:00PM (EVENT DAY ONLY)

Be sure to check out The Oak swag shop for exclusive merchandise. Shop your favorite colorways of beanies, hoodies, tees, decks, accessories and more!

Tees	\$15
Hoodies	\$30
Decks	\$40
Beanies	\$15
Hats	\$20



Visit the swag shop for additional colorways and styles.

Receive (1) ticket entry towards an SE RACING BMX bike for every \$5 spent at the swag shops.

*3 bikes, 3 winners announced at halftime of woman's soccer game



UPCOMINGEVENTS

FRIDAY NIGHT FUN AT THE PAVILION

Location: Northwest Park Pavilion

Join us at the Northwest Park Pavilion for a fun mix of arts & crafts, yard games and more! Get creative with painting and hands-on projects, then enjoy some friendly competition with cornhole on the green. All supplies and game boards are provided.

F, 9/5 - 10/3 | 5:30PM - 8:00PM (no program 9/13)

MANCHESTER VETERANS COFFEE HOUSE

Location: Army & Navy Club

1090 Main Street, Manchester, CT

All Veterans Welcome! Enjoy great company, networking, and light refreshments in a welcoming space dedicated to those who served. Veterans and their spouses/significant others are invited to gather for coffee, camaraderie, and connection at the monthly Veterans Coffee House. (860) 647-3199

Th, 9/18 | 10:00AM - 12:30PM

Th, 10/16 (Evening Session) | 6:00PM - 8:30PM

Th, 11/20 | 10:00AM - 12:30PM

Th, 12/18 | 10:00AM - 12:30PM

FAMILY MAGIC SHOW WITH CHRISTOPHER

THE MAGICIAN | AGES: 0 - 8

Location: Manchester Youth Service Bureau

Enjoy an evening of family-friendly magic and wonder with Christopher the Magician!

Th, 9/18/25 | 5:00PM - 6:30PM

TWIST, SCRUNCH & TIE DYE

Location: Northwest Park Pavilion

Add some color to your wardrobe - join us for a fun, twisty, scrunchy time! Bring your own shirt, pants, socks - anything you want to add some color to.

F, 9/19/25 | 5:30PM - 8:00PM

HISPANIC HERITAGE DAY

Location: Leisure Labs at Mahoney Center

Come celebrate Hispanic Heritage Day with the Manchester Latino Affairs Council and the Town of Manchester! Enjoy live music, cultural performances, food & resource vendors, free activities & more!

For further information, please call (860) 986-0105.

Sat, 9/20/25 | 11:00 AM - 3:00PM

DINE AROUND THE WORLD:

DINNER IN THE PARK - POLAND

Location: Northwest Park Pavilion

Enjoy a delicious Polish meal and community celebration with music and culture.

Tu, 9/30/25 | 5:00PM - 7:00PM

PAINT-YOUR-OWN POTTERY: FAMILY PLATES

AGES: 3+

Location: The Firestone Art Studio & Cafe

Create custom dinner plates while strengthening family connections and creativity.

Th, 10/16/25 | 5:00PM - 7:00PM

YOGA FOR FOOD

Location: Community Y

Join us for a free community yoga class! Please bring a nonperishable food item to be donated to the Manchester Area Conference of Churches' food pantry. Let's help to fill the pantry for those who are in need during the holiday season! No yoga experience needed.

F, 10/17, 11/7 & 11/21 | 6:30PM - 7:30PM

REC ON THE RUN PAINT NIGHTS

Location: Leisure Labs at Mahoney Center

Enjoy a relaxing evening at our free Paint Nights! All materials are provided—just bring your creativity! Follow along with guided instructions or paint at your own pace. Unwind, express yourself, and take home your very own masterpiece.

F, 10/17 - 12/19 | 6:30PM - 8:00PM

SENSORY FRIENDLY FAMILY MOVIE NIGHT

Ages: Families with children 0 - 18

Location: Eastside Neighborhood Resource Center

Sensory-friendly movie night featuring Paddington in Peru—low volume, lights on, all welcome!

Space is limited. Registration is required to best accommodate sensory requests.

F, 10/24/25 | 6:30PM

YOGA FOR TOYS

Location: Community Y

Join us for a free community yoga class! Please bring an unwrapped toy to be donated to the Blue Angels and the Manchester Police Department. Let's help a child in need of a toy during the holiday season! No yoga experience needed.

F, 12/5 & 12/21 | 6:30PM - 7:30PM

NORTHWEST PARK FARMERS MARKET

Vendor selections are thoughtfully curated to include diverse foods, and business owners; with products including fresh fruits and vegetables, eggs, honey, maple syrup, mead and wine, coffee beans and loose teas, baked goods, vegan offerings, CT food trucks/tents, and artisans. Enjoy live music and weekly market themes!

W, 9/3/25 - 10/29/25 | 4:00PM - 7:00PM



FALL FEST MOVIE NIGHTS

Location: Northwest Park Pavilion

Enjoy family-friendly films on the big screen at the Northwest Park Pavilion. Bring a blanket, lawn chair, and your favorite snacks. Each night features a new movie, perfect for all ages.

M/W, 10/6 & 10/8 | 6:30PM - 8:00PM



PUMPKIN CARVING

Location: Northwest Park Pavilion

With Fall Fest right around the corner, join us for a night filled with creativity, laughter and pumpkin carving! Pumpkins will be provided and will line the Haunted Trail at Fall Fest.

M/W, 10/6 & 10/8 | 5:00PM - 7:00PM

Fee: No fee. Registration recommended.



FALL FESTIVAL

Location: Northwest Park

Fall Festival is BACK! Try your Halloween costume on and join us and other Town of Manchester Departments for our annual Fall Festival. We will have vendors, bounce houses, our haunted trail and - of course - candy! Join us for free pumpkin carving on Monday, October 6 & Wednesday, October 8 & then again on Friday, October 10 for the festival!

F, 10/10 | 5:00PM - 8:00PM



UPCOMINGEVENTS

DROP IN ART

AGES: ALL AGES

Location: Leisure Labs at Mahoney Center

Drop-in art sessions are for anyone interested in creating an art project weekly. It is a chance to meet other people interested in doing art, experiment with ideas and different media, and have fun. All Materials will be provided! | **6:00PM - 8:00PM**

HALLOWEEN BATS | 10/7 - 10/9

Create your own spooky bat for Halloween!

INDIGENOUS PEOPLES DAY | 10/14 - 10/16

Celebrate Indigenous Peoples Day at Leisure Labs with art and crafts.

HANDPRINT GHOST | 10/21 - 10/23

Create a spooky ghost using your hand print.

HAIR RAISING MONSTERS | 10/28 - 10/30

Paint your own scary or silly monster for Halloween.

PUMPKIN HOT AIR BALLOON CRAFT | 11/4 - 11/6

Let your imagination soar high creating a pumpkin hot air balloon.

FALL TREE PAINTING | 11/13

Admire the wonderful Manchester fall foliage through painting.

CARAMEL APPLE CRAFT | 11/18 - 11/20

Celebrate fall with a sweet craft treat.

THANKFUL TURKEYS | 11/25

Design your own thanksgiving turkey out of paper and write what you are thankful for on each feather.

HANDPRINT HOLIDAY LIGHTS | 12/2 - 12/4

Light up the holiday season with your own handprint lights.

ICE SKATE CRAFT | 12/9 - 12/11

Design your own paper ice skates to slide into winter.

NAME SNOW FLAKES 12/16 - 12/18

Make your own personalized snowflakes for some winter fun.



FAMILY FUN NIGHTS

Location: Eastside Neighborhood Resource Center

Family Fun Nights are based on the idea that, when it comes to creating connections - fun comes first! These events provide families a positive, no-cost opportunity for connection & recreation.

3rd Friday | September - December

6:00PM - 8:00PM

BOARD GAME NIGHT | SEPTEMBER 19

Come enjoy a variety of board games with friends and family! Enjoy an evening of strategy, laughter and friendly competition!

BRAIN CIRCUS | OCTOBER 17

Join Marvelous Marvin for this family-friendly event that blends magic, juggling and comedy! Since 1995, Marvin has surprised his audiences - start the laugh count, join in the fun & be amazed!



JIGSAW PUZZLE NIGHT | NOVEMBER 21

Come challenge your mind & have fun solving a variety of puzzles with friends and family. Enjoy an evening of brain teasers, jigsaw puzzles & riddles - perfect for all ages and skill levels!

HOT CHOCOLATE SOCIAL | DECEMBER 19

Come cozy up on Spruce Street at our Hot Chocolate Social! Bring your friends and family, enjoy a screening of The Polar Express and play your favorite board games!



EASTSIDE ARTS AND CRAFTS NIGHTS

Location: Eastside Neighborhood Resource Center

Eastside Arts and Crafts nights are free, drop-in art nights for families & friends! Come enjoy themed craft kits, scrapbooking, card making and more!

1st Friday | September - December

6:00PM - 8:00PM

FRIENDSHIP BRACELET NIGHT | SEPTEMBER 5

Create beautiful bracelets and explore your creative side at Friendship Bracelet Night!

MINI-PUMPKIN PAINTING NIGHT | OCTOBER 3

Join us at our Mini-Pumpkin Painting Night! Tap into your creative side and turn your mini pumpkin into a spooky ghost, black cat or anything you desire! Pumpkins will be provided while supplies last.

DIY SCRAPBOOK NIGHT | NOVEMBER 7

Come create your very own scrapbook with stickers, magazines, stencils and more at our DIY Scrapbook Night! Enjoy this memorable craft with friends and family.

HOLIDAY CARD MAKING & GIFT WRAPPING | DECEMBER 5

Unleash your creativity with a variety of festive arts and crafts, including themed kits, holiday card making and gift wrapping. Wrapping materials will be provided - just bring your gifts!

UPCOMINGEVENTS

NOSTALGIA FAMILY MOVIE NIGHTS

Location: Leisure Labs at Mahoney Center

Enjoy a movie night at Leisure Labs with your family and friends! The movie will be played on the projection screen in the gymnasium! | **6:00PM - 8:00PM**

HOCUS POCUS (PG) | OCTOBER 29

In Salem, Massachusetts, Max, his sister Dani, and friend Allison accidentally release evil witches and must retrieve their spellbook with the help of a magical cat to stop them from becoming immortal.

MATILDA (PG) | NOVEMBER 21

Matilda Wormwood is a gifted girl with distant parents and a cruel principal, Agatha Trunchbull. When she discovers her telekinetic powers, Matilda starts to protect her friends from Trunchbull and stand up to her unkind parents.

HOME ALONE (PG) | DECEMBER 5

Kevin is accidentally left home alone when his family goes on vacation in France. He learns to fend for himself and eventually must defend his house from two bumbling burglars targeting his suburban Chicago neighborhood.

FAMILY SCRAPBOOK STUDIO

Location: Leisure Labs at Mahoney Center

Capture your family's favorite memories with this fun, hands-on scrapbook night. We provide all the supplies – you bring the stories, photos, and imagination!

W, 10/15/25 | 11/5/25 | 12/10/25

6:00PM - 7:30PM

Fee: \$10

BREAKFAST AND BOARD GAMES

Location: Leisure Labs at Mahoney Center

Come enjoy board games with light snacks.

W, 10/22/25, 11/19/25 | 6:00PM - 7:30PM

Fee: No Fee, Registration Required

NATURE ART NIGHT

Location: Leisure Labs at Mahoney Center

Create eco-art with natural materials.

F, 11/14/25 | 6:00PM - 7:30PM

Fee: No Fee, Registration Required

FAMILY KARAOKE NIGHT

Location: Leisure Labs at Mahoney Center

Sing your heart out with family and friends.

F, 10/24/25, 11/21/25 | 6:00PM - 7:30PM

Fee: No Fee, Registration Required

TREE LIGHTING CEREMONY

Location: 11 Center Street, Center Congregational
The Center Congregational Church of Manchester will be hosting its annual Christmas Tree Lighting!

The tree, donated and planted by Newcity Builders, stands near the church's other Christmas decorations each year. So, plan to spend the afternoon downtown to do your holiday shopping, grab dinner, and enjoy this free family event!
Sat, 11/29 | 5:00PM



RECURRING MONTHLY EVENTS AT

LOCATION: 903 MAIN STREET

TECH TUESDAY ROUNDTABLE | AGES: 16+

In-person at WORK_SPACE and on Zoom. A peer-powered learning circle exploring AI and digital tools to boost productivity, creativity, and business growth.
1st & 3rd Tuesday | 12:00PM - 12:45 PM

CREATE_SPACE | AGES: ALL AGES

Drop-in art sessions with supplies provided; \$8 per person or \$15 for two days or two people.
Tuesdays & Most Thursdays

DATENIGHT DOWNTOWN | AGES: 21+

Creative, hands-on activities at rotating Cultural District locations paired with local restaurant specials. \$50 per couple, \$40 early bird. Kids' programs with dinner available at the Lutz Children's Museum and the Firestone Art Studio & Café.
2nd Thursday | 6:15PM - 7:45PM

2ND SATURDAY OPEN HOUSE | AGES: ALL AGES

Gallery open house with family-friendly art stations, live music, and art demos. Part of a district-wide collaboration featuring artisan markets, themed downtown activities, historical walks, and more. All ages welcome.

2nd Saturday | 10:00AM - 2:00PM

WRITER'S PLAYGROUND | AGES: 16+

Peer-led creative writing group to spark ideas and build connections.

2nd Saturday | 10:30AM - 12:00PM

CULTURAL DISTRICT COMMUNITY MEETING

Share ideas, enjoy pizza, and help plan upcoming cultural and community events.

3rd Tuesday | 6:00PM - 7:30PM

WORK_SPACE

LISTENING ROOM / OPEN MIC | AGES 16+

An evening of music, poetry, and storytelling in a warm, welcoming gallery space.
3rd Thursday | 6:30PM - 9:00PM

SKETCH SOCIAL | AGES 16+

Still life drawing in a relaxed setting –open to artists of all levels.
4th Friday | 5:00PM - 7:30PM

FALL AQUATICS

INDOOR POOLS OPEN OCTOBER 6, 2025

POOLS WILL BE CLOSED 10/13 | 11/11 | 11/24 - 11/29 | 12/22 - 1/2/2026

**SWIM LESSON REGISTRATION BEGINS
WEDNESDAY, SEPTEMBER 10, 2025 AT 9:00AM**

MANCHESTER RESIDENTS ONLY.

In-person
Community Y | Center Springs Lodge

Online
Reconline.townofmanchester.org
Online registration requires users to set up an account. The Recreation Division suggests accessing the on-line registration site prior to the day of registration to complete this set up.

Important Information

- If your child has not taken a swim lesson with us before, you will have to register in person with details on the skills your child can perform. Our system will not allow you to enroll without a previous lesson in our system.
- Once class levels reach maximum enrollment, registration for that class will close.
- Waiting lists are not maintained for swim lessons.

Cost
Swim lessons are \$25.00 per child per session.

Placement
Children may not be enrolled in more than one class per session. Parents who register their child for more than one swimming session take the chance of incorrectly placing their child. If incorrect placement occurs, parents may call the Recreation Division and transfer their child into the correct level if space is available.



**WEEKEND SWIM HOURS BEGIN | 10/18/25
WEEKEND SWIM HOURS END | 12/13/25**

**OPEN SWIM MAIN POOL
MONDAY & WEDNESDAY | 7:30PM - 8:30PM**

**OPEN SWIM IOH POOL
MONDAY & WEDNESDAY | 7:30PM - 8:30PM
SATURDAY | 1:00PM - 2:00PM**



For accurate placement, refer to placement guide below.

AGE REQUIREMENTS	CLASS RATIOS (instructor : children)
Infant: 6 months - 18 months *adult must be in the water with child	Infant Toddler 1:12
Toddler: 19 months - 3 years 5 months *adult must be in the water with child	Preschool 1:12
Preschool: 3 years 5 months - 5 years *adult must be in the water with child	Levels 1 - 6 1:8
Levels 1 - 6: 5 - 12 years	
<i>*CHILDREN 10 AND UNDER MUST BE ACCOMPANIED BY AN ADULT 18+</i>	

SWIMMING LEVEL PLACEMENT GUIDE

- LEVEL 1**
The child must be at least 5 years old and able to be in the water without a parent.
- LEVEL 2**
The child must be able to enter/exit water using the ramp or ladder, front and back float independently for 5 seconds, front and back glide for two body lengths, roll from front to back and roll from back to front.
- LEVEL 3**
The child must be able to fully submerge and hold their breath for 10 seconds, recover to a vertical position from front/back float or glide and back float for 15 seconds.

- LEVEL 4**
The child must be able to enter the water by jumping from side of pool (deep end)- fully submerge and recover to surface, front crawl for 15 yards, backstroke for 15 yards and tread water for 1 minute.
- LEVEL 5**
The child must be able to front crawl for 25 yards, backstroke for 15 yards, butterfly for 15 yards and swim underwater for 3-5 body lengths
- LEVEL 6**
The child must be able to front crawl for 50 yards, breaststroke for 25 yards, butterfly for 25 yards and tread water for 5 minutes.

SWIM LESSONS

11

MONDAYS

SESSION 1

10/6/25 - 12/8/25

NO CLASS 10/13/25 & 11/24/25

WEDNESDAYS

SESSION 1

10/8/25 - 12/3/25

NO CLASS 11/26/25

SATURDAYS

SESSION 1

10/18/25 - 12/13/25

NO CLASS 11/29/25

MONDAYS & WEDNESDAYS

SESSION 1

10/6/25 - 11/3/25

NO CLASS 10/13/25

SESSION 2

11/12/25 - 12/15/25

NO CLASS 11/24/25 & 11/26/25

TUESDAYS & THURSDAYS

SESSION 1

10/7/25 - 10/30/25

SESSION 2

11/13/25 - 12/16/25

NO CLASS 11/25/25 & 11/27/25



IOH POOL

SESSIONS

INFANT	MON	6:00PM - 6:30PM	1
	WED	6:00PM - 6:30PM	1

TODDLER	MON	6:30PM - 7:00PM	1
	WED	6:30PM - 7:00PM	1
	SAT	11:00AM - 11:30AM	1

PRESCHOOL	MON	7:00PM - 7:30PM	1
	WED	7:00PM - 7:30PM	1
	SAT	10:30AM - 11:00AM	1

LEVEL 1	MON/WED	5:30PM - 6:00PM	1 2
	TUE/THUR	6:00PM - 6:30PM	1 2
	SAT	9:00AM - 9:30AM	1
	SAT	10:00AM - 10:30AM	1

LEVEL 2	TUE/THUR	6:30PM - 7:00PM	1 2
	TUE/THUR	7:00PM - 7:30PM	1 2
	SAT	9:30AM - 10:00AM	1
	SAT	11:30AM - 12:00PM	1

MHS MAIN POOL

SESSIONS

LEVEL 3	MON/WED	6:30PM - 7:00PM	1 2
	MON/WED	7:00PM - 7:30PM	1 2
	TUE/THUR	7:00PM - 7:30PM	1 2
	SAT	11:00AM - 11:30AM	1
	SAT	11:30AM - 12:00PM	1

LEVEL 4	MON/WED	6:30PM - 7:00PM	1 2
	TUE/THUR	6:00PM - 6:30PM	1 2
	TUE/THUR	6:30PM - 7:00PM	1 2
	SAT	10:30AM - 11:00AM	1
	SAT	11:30AM - 12:00PM	1

LEVEL 5	TUE/THUR	5:30PM - 6:00PM	1 2
	TUE/THUR	7:00PM - 7:30PM	1 2
	SAT	11:00AM - 11:30AM	1

LEVEL 6	MON/WED	7:00PM - 7:30PM	1 2
	TUE/THUR	6:30PM - 7:00PM	1 2
	SAT	10:30AM - 11:00AM	1

AQUATIC CLASSES

To Register

Contact the Community Y (860) 647-3139
78 North Main Street

TOTAL AQUA | AGES: 18+

Location: Manchester High IOH Pool

This class combines segments of cardio and strength training using training intervals and weight resistance tools. Designed for all fitness levels using equipment that helps result in a toned and functional body.

Session 1: M/W, 10/6 - 11/10 | 4:30PM - 5:15PM
(no class 10/13)

Session 2: M/W, 11/17 - 12/17 | 4:30PM - 5:15PM
(no class 11/24, 11/26)

Session 1 Fee: \$60 / \$72 (NR)

Session 2 Fee: \$48 / \$60 (NR)

AQUA CIRCUIT | AGES: 18+

Location: Manchester High IOH Pool

This combination of cardio and strength training combines circuit training principles and the latest aquatic equipment with water-based fitness. Progress through a series of stations for a total-body workout.

Session 1: T/Th, 10/07 - 11/06 | 4:15PM - 5:00PM

Session 2: T/Th, 11/18 - 12/18 | 4:15PM - 5:00PM
(no class 11/25, 11/27)

Session 1 Fee: \$60 / \$72 (NR)

Session 2 Fee: \$48 / \$60 (NR)

HYDRO FITNESS | AGES: 18+

Location: Manchester High Main Pool

Have some fun and exercise at the same time!

Workout to music while benefiting from the water's resistance. This is a DEEP-WATER aerobics class.

Session 1: M/W, 10/06 - 11/10 | 5:30PM - 6:15PM
(no class 10/13)

Session 2: M/W, 11/17 - 12/17 | 5:30PM - 6:15PM
(no class 11/24, 11/26)

Session 1 Fee: \$60 / \$72 (NR)

Session 2 Fee: \$48 / \$60 (NR)

SWIM FOR FITNESS | AGES: 18+

Location: Manchester High Main Pool

Swim 30 consecutive laps by the end of the class.

Evaluation and individual swim fitness programs are used to help achieve swimming goals. Prerequisite: Must be able to swim a full length without stopping.

Session 1: T/Th, 10/07 - 11/06 | 7:30PM - 8:30PM

Session 2: T/Th, 11/18 - 12/18 | 7:30PM - 8:30PM
(no class 11/25, 11/27)

Session 1 Fee: \$60 / \$72 (NR)

Session 2 Fee: \$48 / \$60 (NR)

ADULT BEGINNER SWIM LESSONS | AGE: 18+

Location: Manchester High Main Pool

First time swimmers or those who may have a fear of water will learn skills needed to keep themselves and others safe in the water, as well as basic front and back swimming strokes.

Sat, 10/18 - 12/13 | 8:30AM - 9:30AM

(no class 11/29)

Fee: \$54 / \$67 (NR)

ADULT INTERMEDIATE SWIM LESSONS

AGE: 18+

Location: Manchester High Main Pool

Participants will expand their basic swimming knowledge from their beginner class, including safety skills and swimming skills.

Sat, 10/18 - 12/13 | 9:30AM - 10:30AM

(no class 11/29)

Fee: \$54 / \$67 (NR)

TEEN SWIM LESSONS | AGES: 13 - 18

Location: Manchester IOH Pool

Designed for teens interested in learning to swim or who may have a fear of the water. Class is taught with peers in the same age group and no previous swim experience is required. The class is taught by an American Red Cross certified instructor and will orient students to an aquatic environment and create a sound foundation for swimming and safety skills.

Session 1: 1 Tu/Th, 10/7 - 11/6 | 5:00PM - 5:45PM

Session 1 Fee: \$48 / \$60 (NR)

Session 2: T/Th, 11/18 - 12/18 | 5:00PM - 5:45PM

(no class 11/25, 11/27)

Session 2 Fee: \$48 / \$60 (NR)

ADULT LAP SWIM | AGE: 18+

Location: Manchester High Main Pool

Swimming is one of the best overall body workouts.

Build cardio and tone at the same time. Dedicated lap swim time available in the evenings only.

M - Th, 10/6 - 12/18 | 8:30PM - 9:30PM

(no class 10/13, 11/11, 11/24 - 11/27)

Sat, 10/18 - 12/13 | 12:00PM - 1:00PM

(no class 11/29)

Fee: \$50 (residents only)

Private Swim Lessons

Private swimming lessons (1:1) and semi-private lessons (1:2) are structured to cater to meet you or your child's specific instructional needs. Lessons are offered as 4 thirty-minute sessions at a mutually agreed upon time. Please contact Recreation Supervisor Josh Charette at (860) 647-3139 to register.

PRIVATE SESSION

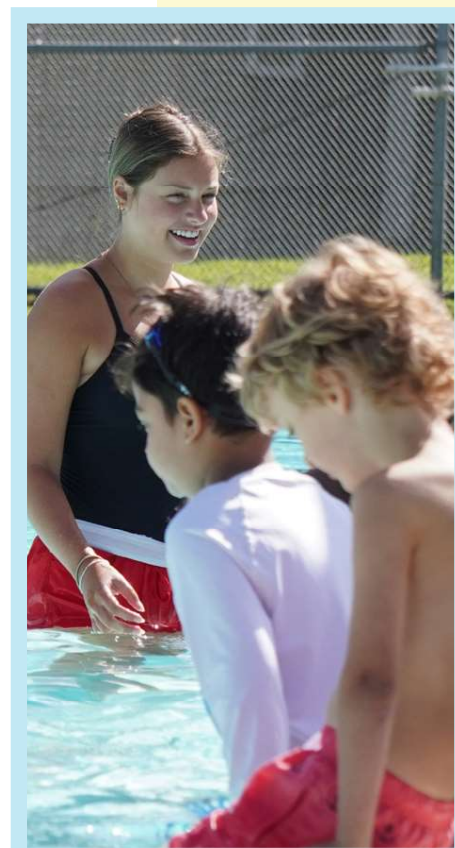
4 X 30 Minute Private (1:1) Lessons

Fee: \$100

SEMI-PRIVATE SESSION

4 X 30 Minute Semi-Private (1:2) Lessons

Fee: \$160



TEEN PROGRAMS

13



YOUTH AND POLICE PROGRAM | AGES: 15 - 18

Location: Manchester Youth Service Bureau
Build positive connections between high school youth and local police through team-building and service.
Bi-Monthly (Variable Schedule)

VOICES EMPOWERING GROUP | AGES: 14 - 18

Location: Manchester High School Bentley Academy
This program helps girls 14 - 18 to grow in their self-awareness, identity, and strength. Contact Sheridan Douglass at (860) 647-5216 or sdouglass@manchesterct.gov to register.
W, September - December | 10:30AM - 12:00PM

SIBSHOP | AGES: 10 - 18

Location: Manchester Youth Service Bureau
Supportive hangout space for youth with siblings with disabilities. Fun, community, and connection.
9/2/25 | 10/14/25 | 11/4/25 | 12/9/25
3:30PM - 5:30PM

RED CROSS BABYSITTING CERTIFICATION CLASS AGES: 13 - 18

Location: Manchester Youth Service Bureau
Earn your Red Cross Babysitting Certification in this 2-day training for teens.
Sat, 9/20/25 & Sun, 9/21/25
8:30 AM - 2:30PM

FACTS | AGES: 14 - 18

Location: Manchester High School
FACTS is a youth prevention program that builds leadership, confidence, and resilience through sober living. Contact John Dalterio at (860) 647-5223 or jdalterio@manchesterct.gov to register.
M, 9/22/25 through the school year
2:10PM - 3:10PM

EMPLOYMENT READINESS PROGRAM

AGES: 15+

Location: Manchester Youth Service Bureau
Learn to apply for jobs, write resumes, interview, and earn a stipend upon completion! Contact Sheridan Douglass at (860) 647-5216 or sdouglass@manchesterct.gov to apply.
Tu, 9/23/25 - 11/11/25 | 3:00PM - 5:30PM

TEEN CENTER - FALL REOPENING

AGES: 12 - 17

Location: Manchester Youth Service Bureau
Drop-in teen space for high schoolers with games, bike repair, snacks, and monthly pizza parties.
Tu, W, Th, 9/23/25 - 12/17/25 | 1:00PM - 5:00PM

ROLE PLAYERS' GUILD | AGES: 12 - 17

Location: Manchester Youth Service Bureau
Adventure into storytelling, creativity, and community through role-playing games. All skill levels welcome!
Tu, 9/23/25 - 12/16/25 | 4:00PM - 6:00PM

CLASSY COOKING | AGES: 12+

Location: Manchester Youth Service Bureau
Afterschool cooking class for beginners ages 12 and up. Learn meals, safety, and kitchen confidence!
Tu, 9/23/25 - 11/25/25 | 3:30PM - 5:30PM

PACKED WITH PURPOSE | AGES: 14 - 18

Location: Manchester Youth Service Bureau
Empowering young men to explore identity, confidence, and purpose through dog training and acts of service.
Th, 10/2/25 - 12/11/25 | 3:30PM - 5:30PM



INTRO TO CROCHET | AGES: 8+

Location: Leisure Labs at Mahoney Center
Crochet is a needlecraft that uses a hook to create fabric from loops of yarn. You can make items like blankets, scarves, hats, and sweaters. If you're looking for a fun, creative hobby, try crochet!

BEGINNER CLASS

Mon, 6:00pm - 7:30pm | 10/6/24 - 12/8/24
(No class 10/13)
Fee: \$30/\$35(nr)

INTERMEDIATE CLASS | AGES: 12+

Tue, 6:00PM - 7:30pm | 10/7/24 - 12/9/24
(No class 11/11)
Fee: \$30/\$35(nr)

DIY SELF CARE LAB | AGES: 12-17

Location: Leisure Labs at Mahoney Center
Make your own self-care items.
Th, 10/16/25, 11/13/25, 12/11/25 | 6:00PM - 7:30PM
Fee: \$10

POP-UP TALK: REAL LIFE SKILLS | AGES: 12 - 17

Location: Leisure Labs at Mahoney Center
Life skills every teen should know.
W, 10/22/25, 11/07/25 | 6:00PM - 7:30PM
Fee: \$10

CREATIVE WRITING AND JOURNALING AGES: 12-17

Location: Leisure Labs at Mahoney Center
A cozy, chill space for teens to journal, write stories, or try creative prompts with music, snacks, and good vibes.
F, 11/14/25 | 6:00PM - 7:30PM
Fee: \$10

TEEN STUDIO TIME | AGES: 12-17

Location: Leisure Labs at Mahoney Center
Open creative space for teens.
Th, 11/27/25, 12/18/25 | 6:00PM - 7:30PM
Fee: \$10

GLOW GARDENS - WINTER BREAK AGES: 14 - 18

Location: CT Convention Center
(Pickup/Dropoff at Youth Service Bureau)
Enjoy an evening of lights and live entertainment at Hartford's Glow Gardens!
Tu, 12/23/25 | 3:45PM - 8:00PM

WAX AND WONDER | AGES: 14+

Location: Manchester Youth Service Bureau
A hands-on candle & pizza-making experience to kick off winter break with fun and flavor!
Tu, 12/30/25 | 10:00 AM - 2:00PM

EARLY CHILDHOOD

MY TODDLER & ME | AGES: 2 - 4 YEARS

Location: Northwest Park Early Childhood Center
Drop-in playgroup for toddlers and caregivers focused on early social play. No registration required.
W, 9/10/25 - 12/17/25 | 9:30AM - 11:00AM

ROBIN'S MOTHERING GROUP | AGES: 0 - 1 YEAR

Location: Northwest Park Early Childhood Center
Weekly support group for moms with babies under age 1, led by a lactation consultant. Contact Robin at (860) 742-6231 or RobinDeGemmis@gmail.com to register.
Th, 9/11/25 - 12/18/25 | 11:30 AM - 1:30PM

MY BABY & ME | AGES: 0 - 2 YEARS

Location: Northwest Park Early Childhood Center
Drop-in playtime for parents and babies to build community and connection. No registration required.
Session 1: F, 9/19/25 - 12/5/25 | 9:00AM - 10:15AM

LET'S GET MESSY! | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center
Messy sensory fun for curious kids! Includes oobleck, dough, and more.
Session 1: Th, 9/18/25 - 10/23/25 | 10:00AM - 11:30AM
Fee: \$36 / \$44 (NR)
Session 2: Th, 10/30/25 - 12/18/25 (No class 11/27)
10:00 AM - 11:30 AM
Fee: \$36 / \$44 (NR)

PRESCHOOL DROP-IN PLAY | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center
Drop-in playgroup for toddlers and preschoolers with music, crafts, and open play.
Tu, 9/23/25 - 12/9/25 | 3:00PM - 4:15PM

CRADLE TO CRAYONS | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center
Cradle to Crayons is a preschool playgroup that supports the development of skills for school and life success.
Th, 9/25/25 - 12/11/25 | 3:00PM - 4:15PM

START SMART SOCCER | AGE: 3 - 5 YEARS

Location: Community Y
Parents will work together with their children in a supportive environment to learn the basics of sport. Teaches children (3-5) a variety of soccer skills including: dribbling/kicking, trapping, passing, shooting and agility skills.
Sat, 10/18 - 11/15
Session 1: 9:00AM - 10:00AM
Session 2: 10:00AM - 11:00AM
Session 3: 11:00AM - 12:00PM
Fee: \$65/\$81 (NR) Fee Includes Equipment



LAURIE BERKNER FUN | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center
Music, crafts, and fun based on the songs of Laurie Berkner!
Tu, 11/11/25 - 12/16/25 | 9:30AM - 11:00AM
Fee: \$36 / \$44 (NR)

FAMILY PIE-MAKING WORKSHOP

AGES: ALL AGES
(Max 8 families or 20 people)
Location: Manchester Youth Service Bureau
Create your own apple pie as a family—just in time for Thanksgiving!
Tu, 11/25/25 | 5:00PM - 7:00PM

FAMILY GINGERBREAD HOUSE COMPETITION

AGES: 2+ (Max 8 families or 20 people)
Location: Manchester Youth Service Bureau
Join our 4th Annual Gingerbread House Competition – build, decorate, and enjoy!
Th, 12/11/25 | 5:00PM - 7:00PM

GRINCHMAS PARTY | AGES: 2 - 5 YEARS

Location: Northwest Park Early Childhood Center
Celebrate the holidays with Grinch-themed fun, crafts, and play for preschoolers!
M, 12/22/25 | 10:00AM - 11:30AM

FAMILY ICE SKATING - WINTER BREAK

AGES: 5+
Location: South Windsor Ice Arena
Enjoy a private family skating session with hot cocoa, snacks, and fun!
Tu, 12/30/25 | 10:30AM - 12:30PM

PLAY & LEARN FALL SERIES

AGES: 1 - 5

Location: Northwest Park Early Childhood Center
We will pair our learning with rhymes, movement, stories, circle time, themed activities, crafts, vocabulary rich conversations and of course, play! Caregivers should be prepared to participate with their little learner! **\$36/\$44(NR) per class**

PLAY & LEARN YOGA | AGES: 1 - 2 YEARS

Toddler yoga followed by open play. Stretch, explore, and move together!
M, 9/22/25 - 11/3/25 | 9:30AM - 11:00AM
(No class 10/13)

PLAY & LEARN YOGA | AGES: 3 - 5 YEARS

Preschool yoga and playtime for kids and their grown-ups.
M, 9/22/25 - 11/3/25 | 12:30PM - 2:00PM
(No class 10/13)

PLAY & LEARN ABOUT OCEAN ANIMALS

AGES: 1 - 2 YEARS
Discover a new ocean animal each week through stories and play.
M, 11/10/25 - 12/15/25 | 9:30AM - 11:00AM

PLAY & LEARN ABOUT OCEANS AND SEAS

AGES: 3 - 5 YEARS
Preschoolers explore marine life and ocean science through fun hands-on activities.
M, 11/10/25 - 12/15/25 | 12:30PM - 2:00PM

PLAY & LEARN ABOUT SPACE

AGES: 2 - 5 YEARS
Explore stars, rockets, planets, and more in this playful journey through space!
Tu, 9/23/25 - 11/4/25 | 9:30AM - 11:00AM

HAPPY HIKERS FALL SERIES

AGES: 4 - 12 YEARS
Free, child-friendly hiking series around Manchester. No registration required.
Wednesdays, 2:45PM

Hike 1 | 10/1/25
Oak Grove Nature Center
269 Oak Grove Street

Hike 2 | 10/8/25
Manchester Land Conservation Trust
330 Bush Hill Rd

Hike 3 | 10/15/25
Porter Howard Reservoir
Ferguson Rd

YOUTH PROGRAMS

NEW

JUNIOR TENNIS LESSONS | AGES: 4-7

Location: Summit Street Tennis Courts

This program focuses on teamwork, skills, and competitive play for boys and girls outdoors.

Participants should bring sneakers, shorts, a shirt, and a water bottle.

Session 1: M/W, 9/15/25 - 10/1/25

5:30PM - 6:00PM

Session 2: M/W, 10/6/25 - 10/22/25

5:30PM - 6:00PM

Fee: \$20/ \$30(NR)

YOUTH TENNIS LESSONS | AGES: 8-12

Location: Summit Street Tennis Courts

This program focuses on teamwork, skills, and competitive play for boys and girls outdoors.

Participants should bring sneakers, shorts, a shirt, and a water bottle.

Session 1: M/W, 9/15/25 - 10/1/25

6:00PM - 7:00PM

Session 2: M/W, 10/6/25 - 10/22/25

6:00PM - 7:00PM

Fee: \$20/ \$30 (NR)

ARCHEOLOGY DIG FOR FAMILIES AT

PITKIN GLASSWORKS | AGES: 5+

Location: 11 Parker Street, Manchester

Family-friendly dig at historic Pitkin Glassworks—uncover artifacts and solve local mysteries!

Sat, 9/20/25

Rain Date: 9/27/25 | 10:00 AM - 11:30 AM

(parent/guardian participation encouraged!)

GIRLS CIRCLE | AGES: 6TH GRADE

Location: Bennet Academy

After school program for 6th grade girls focused on friendship, confidence, and creative self-discovery.

Contact Tasha Weston at (860) 647-5215 or tweston@manchesterct.gov to register.

M, 9/22/25 - 11/17/25 | 2:45PM - 4:30PM

(no session 10/13)

GIRLS CIRCLE | AGES: GRADES 5 - 8

Location: Manchester Middle Academy

School-based group for girls to build confidence, friendships, and healthy identity. Contact Tasha Weston at (860) 647-5215 or

tweston@manchesterct.gov to register.

September 2025 - May 2026

JOURNEY: PATHWAY TO LEADERSHIP

AGES: GRADES 6 - 8

Location: Manchester Youth Service Bureau

Nature-based leadership and service experience with art, woodworking, and field trips.

Tu, 10/7/25 - 12/16/25, 3:30PM - 5:00PM

GLOW ART STUDIO | AGES: 7-12

Location: Leisure Labs Art Lab

Step into the dark and light up your creativity! This special art session features blacklight painting, glowing crafts, and neon fun for kids of all skill levels.

Th, 11/6/25 | 6:00PM - 7:30PM

Fee: \$10

SPROUT SQUAD: RECYCLED GARDENERS

AGES: 7-12

Location: Leisure Labs Program Lab

Learn how to grow your own plants using recycled containers like yogurt cups and soda bottles!

Participants decorate planters, plant seeds, and track their plant's progress in fun observation Journals.

F, 11/7/25 | 6:00PM - 7:30PM

Fee: No Fee, Registration Required

JOURNEY ART & NATURE / BUILD-A-BOOK AGES: GRADES 4 - 5

Location: Manchester Youth Service Bureau

Create, write, and illustrate your own book inspired by nature and art!

W, 10/8/25 - 12/17/25 | 3:30PM - 5:00PM

NEW

NERF NIGHT | AGES: 8 - 12

Location: Leisure Labs Gymnasium

Get ready to run, dodge, and aim in this high-energy Nerf Night featuring obstacle courses, team challenges, and safe Nerf tag battles. All equipment and safety goggles provided.

Sat, 11/15/25 | 4:00PM - 6:00PM

Fee: \$30

STRENGTHENING FAMILIES | AGES: 7 - 17

Location: Manchester Youth Service Bureau

10-week family skills program to build stronger bonds, parenting tools, and youth resilience.

M, 10/13/25 - 12/15/25 | 5:30PM - 8:00PM

NEW

THE ROOTS & CULTURE LAB

AGES: 2 - 9 & 7 - 15

Location: Eastside Neighborhood Resource Center

Children are invited to step into a vibrant, hands-on learning experience unlike any other. The Roots & Culture Lab is where ancient Indigenous knowledge fuses with modern education to create a dynamic, culturally rich space designed for today's curious, creative minds.

W, 9/3/25 - 12/24/25 | 9:30AM - 11:30AM

(2 - 9 years)

1:00PM - 3:00PM (7 - 15 years)

DROP-IN YOUTH BASKETBALL

Location: Waddell Elementary School

Join us for drop-in youth basketball.

Open Gym: M - Th, 10/6/25 - 4/9/26

6:00PM - 7:00PM | 13 and under

7:00PM - 8:00PM | 14 - 15 year old

8:00PM - 9:00PM | 16 - 17 year old

Fee: No fee (Recreation Card required)

DROP-IN BASKETBALL

Location: Community Y

Join us for drop-in youth basketball, starting 10/6

Monday - Friday, 6:00 - 9:00PM

6:00PM - 7:00PM | 13 and under

7:00PM - 8:00PM | 14 - 15-year-old

8:00PM - 9:00PM | 16 - 17-year-old

Fee: No fee (Recreation Card required)

CO-ED YOUTH BASKETBALL LEAGUES

This program focuses on teamwork, skills, and competitive play for boys and girls indoors.

Participants should bring sneakers, shorts, a shirt, and a water bottle. Mandatory evaluation clinic 11/13

COED YOUTH | AGES: 8 - 9

Location: Leisure Labs at Mahoney Center

Games: Sat, 12/6/25 - 2/7/26

8:30 AM - 1:00PM (No Games 12/27/25)

Fee: \$35

COED YOUTH | AGES: 10 - 12

Practices | Tu. at Waddell School or Community Y

6:00PM - 7:00PM or 8:00PM - 9:00PM

(No Practices 12/23/25)

Games | Sat, 12/6/25 - 2/7/26 | 1:30PM - 4:00PM

Location: Leisure Labs at Mahoney Center

(No Games 12/27/25)

Fee: \$35

FUNDAMENTALS OF BASKETBALL | AGES: 6 - 7

Location: Leisure Labs at Mahoney Center

An exciting league where children can meet new friends, learn the concepts of dribbling, passing, defense, offense, and shooting. Equipment provided!

F, 12/12/25 - 2/13/26 (No Practice 12/26/25)

Cohort 1: 5:30 - 6:30PM

Cohort 2: 6:40 - 7:40PM

Fee: \$35

DROP IN BASKETBALL

Location: Leisure Labs at Mahoney Center

Drop-In Basketball is offered to the public on a first come, first serve basis. Gymnasiums will be monitored by staff. Hours subject to change once Adult and Youth Recreation Sports begin in November/ December).

No drop-in basketball, December - March.

10/6/25 - 5/15/26

M - F, 5:00 - 9:00PM

Sat, 10:00 - 2:00PM

5:00 - 6:00PM | 12 and under

6:00 - 7:00PM | 13 - 15 year old

7:00 - 9:00PM | 16+

Fee: No Cost (Recreation Card Required)

ADULT PROGRAMS

ADULT DROP-IN BASKETBALL

AGES: 18+ (M/TU) | 40+ (W)

Location: Verplank Elementary School
M-W, 10/6/25 - 4/8/26 | 6:00PM - 9:00PM
Fee: No fee (Recreation Card required)

BEGINNER PICKLEBALL | AGES: 18+

Location: Illing Middle School **(new location)**

This is an open court pickleball session for those new to the game of pickleball. Pickleballs & paddles will be provided, but players are welcome to bring their own equipment.

Session 1: M/W, 9/15 - 10/15 | 6:00PM - 7:30PM

(No class 10/13/25)

Session 2: M/W, 10/20 - 11/12 | 6:00PM - 7:30PM

Session 3: M/W, 11/17 - 12/17 | 6:00PM - 7:30PM

(No class 11/26)

Fee: \$15/\$20 (NR) / per session

INTERMEDIATE PICKLEBALL | AGES: 18+

Location: Illing Middle School **(new location)**

This is an open court pickleball session for those experienced with the game of pickleball. Pickleballs & paddles will be provided, but players are welcome to bring their own equipment.

Session 1: M/W, 9/15 - 10/15 | 7:30PM - 9:00PM

(No class 10/13/25)

Session 2: M/W, 10/20 - 11/12 | 7:30PM - 9:00PM

Session 3: M/W, 11/17 - 12/17 | 7:30PM - 9:00PM

(No class 11/26)

Fee: \$15/\$20 (NR) / per session

PERSONAL TRAINING ONE ON ONE

Location: Community Y

A personal trainer will design an exercise program specifically for you. Your trainer will motivate you through your workout and ensure proper form and safety. Personal needs such as introduction to cardio equipment and weights will be addressed if needed. For inquiries, call (860) 647-3164

(1) 1 Hour Session: \$60/\$75 (NR) per session

(5) 1 Hour Sessions: \$250/\$312 (NR) per session

(10) 1 Hour Sessions: \$400/\$500 (NR) per session

Fees for two persons (buddy rate): Best DEAL!

(1) 1 Hour Session: \$100/\$125 (NR) per session

(5) 1 Hour Sessions: \$400/\$500 (NR) per session

(10) 1 Hour Sessions: \$550/\$680 (NR) per session

YOGA 4 LIFE | AGES: 18+

Location: Community Y

A slower pace structured around rejuvenating, empowering, and healing the body and mind. Please bring your own mat.

Session 1: M/W, 10/6 - 11/10 | 6:30PM - 7:30PM

(no class 10/13)

Session 2: M/W, 11/17 - 12/17 | 6:30PM - 7:30PM

(no class 11/24, 11/26)

Session 1 Fee: \$60/\$75 (NR)

Session 2 Fee: \$48/ \$60 (NR)

TOTAL BODY PLUS | AGES: 18+

Location: Community Y

Train every major muscle group through strength resistance exercises using a variety of equipment.

Session 1: M/W, 10/6 - 11/19 | 6:00PM - 7:00PM

(no class 10/13, 10/15, 10/20, 10/22)

Session 2: M/W, 12/01 - 12/17 | 6:00PM - 7:00PM

Session 1 Fee: \$60/\$75 (NR)

Session 2 Fee: \$36/\$45 (NR)

TEAM FIT AFTER WORK | AGES: 18+

Location: Community Y

This fitness class is a circuit with an interval training format. Participants do challenging yet motivating strength core and cardiovascular conditioning.

Session 1: M/W, 10/06 - 11/19 | 5:00PM - 5:45PM

(no class 10/13, 10/15, 10/20, 10/22)

Session 2: M/W, 12/01 - 12/17 | 5:00PM - 5:45PM

Session 1 Fee: \$60/\$75 (NR)

Session 2 Fee: \$36/\$45 (NR)

STRENGTH 4 LIFE | AGES: 18+

Location: Community Y

This class incorporates the use of body resistance exercises, free weights, exercise bands and balls. This is a nonaerobic, non-impact class with seated and standing exercises.

Session 1: Tu/Th, 10/7 - 11/6 | 9:30AM - 10:30AM

Session 2: Tu/Th, 11/18 - 12/18 | 9:30 AM - 10:30AM

(no class 11/25, 11/27)

Session 1 Fee: \$60/\$75 (NR)

Session 2 Fee: \$54/\$67 (NR)

YOGA FOR ACTIVE LIFESTYLES | AGES: 18+

Location: Community Y

Practice poses to increase your range of motion and flexibility, especially in the hips and hamstrings. Spend time cultivating upper-body strength, core strength and balance. Please bring your own mat.

Session 1: Tu/Th, 10/7 - 11/6 | 5:30PM - 6:30PM

Session 2: Tu/Th, 11/18 - 12/19 | 5:30PM - 6:30PM

(no class 11/25, 11/27)

Session 1 Fee: \$60/\$75 (NR)

Session 2 Fee: \$54/\$67 (NR)

BARRE AND MORE | AGES: 18+

Location: Community Y

Combines elements of Pilates, yoga, dance and functional training, allowing for a full body workout to tone lift and sculpt.

Session 1: Tu/Th | 10/7 - 11/6 | 6:30PM - 7:30PM

Session 2: Tu/Th | 11/18 - 12/18 | 6:30PM - 7:30PM

(no class 11/25, 11/27)

Session 3: Sat | 10/18 - 12/20 | 11:00 AM - 12:00PM

(no class 11/29)

Session 1 Fee: \$60 / \$75 (NR)

Session 2 Fee: \$48 / \$60 (NR)

Session 3 Fee: \$54 / \$67 (NR)

MAT PILATES | AGE: 18+

Location: Community Y

Learn which muscles stabilize you and which muscles are performing the exercise. The focus is controlling your body movements to attain a maximum health benefit: stronger muscles, flexibility and endurance. Class will accommodate all skill levels.

Session 1: Tu, 10/07 - 12/16 | 5:00PM - 6:00PM

(no class 11/11, 11/25)

Session 1 Fee: \$54/\$67(NR)

NEW

CO-ED PICKLEBALL LEAGUES | AGES: 18+

Location: Illing Middle School

Introducing our new Co-Ed Pickleball Leagues—designed for players of all skill levels seeking structured, competitive play in a supportive environment. Matches are scheduled weekly with clear rules to ensure fair, engaging competition. Whether you're refining your game or looking for a new challenge, this league offers a balanced mix of strategy, athleticism, and community.

**If you are registered for Intermediate drop-in pickleball, you are ineligible to play in the B League*
A League: Tu, 10/7/25 - 1/27/26 | 6:00PM - 9:00PM
B League: Th, 10/9/25 - 1/29/26 | 6:00PM - 9:00PM
Fee: \$175/team | \$15/ per NR player

NEW

CARDIO CRUSHER | AGES: 18+

Location: Leisure Labs at Mahoney Center

Come increase your heart rate while improving your strength, boost your power and endurance, and work your entire body with challenging moves.

Session 1: Sat, 10/18 - 12/20 | 10:00AM - 10:45AM

Location: Community Y

(no class 11/29)

Session 2: M, 10/6 - 12/15 | 6:45PM - 7:30PM

(no class 10/13)

Session 1 Fee: \$60/\$72 (NR)

Session 2 Fee: \$54/\$67 (NR)



THE DEPARTMENT OF LEISURE, FAMILY, AND RECREATION PRESENTS:

bike walk MANCHESTER

BIKE WALK MANCHESTER (BWM) IS A COMMUNITY CENTERED INITIATIVE THAT PROMOTES SAFE, ACCESSIBLE, AND ENJOYABLE BICYCLING AND PEDESTRIAN ENGAGEMENT FOR EVERYONE.

BY LEVERAGING THE TOWN'S GROWING TRAIL NETWORK, ADVOCATING FOR INFRASTRUCTURE IMPROVEMENTS, AND ENGAGING RESIDENTS THROUGH EDUCATION AND EVENTS, BWM WORKS TO BUILD A CULTURE THAT EMBRACES ACTIVE TRANSPORTATION AS ESSENTIAL TO MANCHESTER'S ENVIRONMENTAL SUSTAINABILITY, ECONOMIC VITALITY, AND OVERALL QUALITY OF LIFE.

LET'S MAKE MANCHESTER A PLACE WHERE EVERYONE CAN MOVE SAFELY & JOYFULLY!

JOIN

BECOME A MEMBER OF A DIVERSE GRASSROOTS NETWORK OF PEOPLE WHO SUPPORT ACTIVE LIVING THROUGH BIKING AND WALKING IN MANCHESTER

ADVOCATE

SUPPORT OPPORTUNITIES THAT PRIORITIZE ACCESSIBLE PLACES TO BIKE AND WALK

PARTICIPATE

ENGAGE THROUGH PROGRAMS, EVENTS, AND VOLUNTEER OPPORTUNITIES

LEARN

BUILD AWARENESS AND ENHANCE SKILLS THROUGH EDUCATIONAL OPPORTUNITIES FOR BIKING AND WALKING

BECOME A PART OF MANCHESTER'S AWARD WINNING
BICYCLE FRIENDLY COMMUNITY



LIBRARYPROGRAMS

All library programs are subject to change. For more information and to confirm program details, please call 860-645-0821, visit manchesterct.gov/library or our Facebook page, @ManchesterCTLibrary, or view a print copy of our monthly calendar, available at both library locations.

LIBRARYTEEN

TEEN DRAMA PROGRAM - FALL EDITION

AGES: 11 - 14

Location: Main Library Building

Are you looking for a space to practice acting, write lines, or be with people who love drama? Then look no further and join us at the library for some fun and excitement as we act and improv with your friends. No experience is necessary.

W, 9/10 | 6:00PM - 7:00PM

TEEN ANIME AND MANGA CLUB

AGES: 11 - 14

Location: Main Library Building

Do you enjoy watching anime and reading manga? The library has premium access to CrunchyRoll! Join us as we watch anime, do arts & crafts, and meet new friends while enjoying Japanese-inspired snacks!

W, 9/17, 10/22, 11/12, 12/10 | 6:00PM - 7:30PM

TEEN DUNGEONS & DRAGONS

AGES: 11 - 14

Location: Main Library Building

Teens and Tweens are invited to participate in a one-shot or short campaign game of Dungeons & Dragons at the library. You will create your characters, go on new adventures each session to overcome obstacles, and have fun doing it!

W, 9/24, 10/8, 10/29, 11/19, 12/17 | 5:30PM - 7:45PM

TEEN ART - BAD ART NIGHT | AGES: 11 - 14

Location: Main Library Building

Teens! Here is a program where you can be wild, creative, and let loose to create something bad! Yes, the library will be hosting a Bad Art Night, where you can make something unusual using any or all the provided materials.

W, 10/1 | 6:00PM - 7:00PM

TEEN ART - MINI PUMPKIN PAINTING

AGES: 11 - 14

Location: Main Library Building

Join us for a mini pumpkin painting night at the Manchester Public Library. All you need to bring is your creativity, and we will provide the rest!

W, 10/15 | 6:00PM - 7:00PM

TEEN LEGO BUILD CHALLENGE

AGES: 11 - 14

Location: Main Library Building

Calling all teen Lego lovers! The library is having a mini-Lego challenge that involves imagination and time management skills! Here's a clue: BIG and SMALL.

W, 11/5 | 6:00PM - 7:30PM

TEEN WINTER GINGERBREAD HOUSE MAKING

AGES: 11 - 14

Location: Main Library Building

Join us at the library for a night of fun making gingerbread houses! Enjoy adding colorful gumdrops, M&M's, and other candies all over your creation. No experience is necessary. The library will provide all materials for this program.

W, 12/3 | 6:00PM - 7:00PM

LIBRARYADULT

HAPPILY EVER AFTER BOOK CLUB

AGES: 18+

Location: Whiton Branch Library

A book club for romance reader fans. Meets once a month at Whiton Branch Library. Titles: "The Unhoneymooners" by Christina Lauren (September); "A Caribbean Heiress in Paris" by Adriana Herrera (October); "The Love of My Afterlife" by Kirsty Greenwood (November); and "The Matzah Ball" by Jean Meltzer (December).

9/3, 10/2, 11/3, 12/3 | 6:30PM

FRIENDS OF THE LIBRARY BOOK SALE

The proceeds of the sale are used to purchase items for the summer reading programs, museum passes, book trucks and other equipment requested by library staff. The book sale provides very inexpensive books to children, families, and general readers. Questions may be directed to (860) 645 - 0577.

Sat, 9/6/25 | 9:00AM - 2:00PM



FAMILY PLACE

The Family Place program at Manchester Public Library incorporates school readiness concepts, nutrition, development, music and movement, behavior and literacy. An informal program for children, ages birth to 36 months, with a parent featuring developmentally appropriate toys, books and art activities for children as well as professionals from community agencies who can answer parents' questions about their children in a casual and fun environment.

Call or visit the Children's room for details and to reserve a spot. Registration is required and will begin on September 2, 2025, call 860-645-0577.

Program begins September 9, 2025 at 6:00PM

SOUND MEDITATION | AGES: 18+

Location: Whiton Branch Library

Maria del Carmen Rodriguez is a dedicated and passionate sound healer practitioner with a deep understanding of the transformative power of sound and its ability to promote healing and well-being.

W, 9/10 & 12/10 | 6:00PM

CHECK 'EM OUT BOOK CLUB | AGES: 18+

Location: Main Library Building

In this book group, participants read a variety of popular fiction and nonfiction. Titles: "When the Moon Hits Your Eye" by John Scalzi (September), "House of Bone and Rain" by Gabino Iglesias (October), "Blood Sisters" by Vanessa Lillie (November), "The Wager" by David Grann (December).

M, 9/15, 10/13, 11/10, 12/8 | 6:30PM - 7:30PM



LIBRARYADULT

RECIPE READERS | AGES: 18+

Location: Main Library Building

Each month a theme, author or cookbook will be chosen. Participants are asked to pick one recipe from the book and come to the program with the dish in hand on the date posted ready to discuss their experience. Dishes should arrive fully prepared and ready to share. Registration required; please call (860) 645-0821, with your recipe and your page selected from cookbook.

Sat, 9/20, 10/4, 11/1, 12/13 | 12:30PM

FALL MUSHROOM HUNTING | AGES: 18+

Location: Main Library Building

With their slideshow of all-local photography, Ryan and Emily of the Mushroom Hunting Foundation will explain the science and the safety rules of mushroom hunting, and then take a look at the most delicious autumn mushrooms, focusing on those considered "safe for beginners" to identify and cook with.

M, 9/22 | 6:30PM

NOT SO "YA" BOOK CLUB | AGES: 18+

Location: Whiton Branch Library

This group is aimed at (but not limited to) adults who are between the ages 18 - 35 who love young adult literature. We read across many genres including historical fiction, fantasy, dystopian, paranormal, horror and realistic fiction.

W, 9/24, 10/29, 11/19, 12/17 | 7:00PM

TAKE A WALK TOGETHER BOOK CLUB

AGES: 18+

Location: Main Library Building

Attendees will take a two-mile walk to and from the library, making stops for discussion. Program starts in the Manchester Public Library Lobby. Titles: "Oye" by Melissa Mogollon (September) and "Weyward" by Emilia Hart (October).

Th, 9/25 & 10/30 | 2:00PM - 3:15PM

WANDERLUST BOOK CLUB | AGES: 18+

Location: Whiton Branch Library

Travel (vicariously) to a variety of locations in Manchester Public Library's Wanderlust Book Club! Titles: "Death in the Andes" by Mario Vargas Llosa (September - takes place in Peru); "Good Morning, Midnight" by Lily Brooks-Dalton (October - takes place in the Arctic); "Fire Exit" by Morgan Talty (November - takes place in Maine's Penobscot Reservation); and "Small Things Like These" by Claire Keegan (December - takes place in Ireland). Copies of each month's book are available at both library buildings.

Th, 9/25, 10/16, 11/13, 12/18 | 6:30PM

SILK CITY BOARD GAME GROUP | AGES: 18+

Location: Main Library Building

Learn new board games, taught to you by volunteer teachers. No need to bring any games; we'll provide them all. Light refreshments to be served. Join us in September for a special celebration of our 5th anniversary of our Local Designer and Publisher's Fair.

Sat, 9/27, 10/11 & 12/6 | 12:30PM - 4:30PM

THE ART OF PRESERVING YOUR HARVEST

AGES: 18+

Location: Main Library Building

Preserve the taste of the season all year round with our "Preserving the Harvest" workshop! Mark of Tri Gable Lea Farm will teach you the ins and outs of pickling, canning, freezing, and drying so you can turn your bountiful harvest into long-lasting, flavorful treats.

M, 9/29 | 6:30PM

PUMPKIN PAINTING | AGES: 18+

Location: Whiton Branch Library

Have fun painting and decorating your own pumpkin! Registration is required and opens 9/24. To register for this free event, please call our Reference Desk at (860) 645-0821.

W, 10/1 | 6:00PM - 7:30PM

MANCHESTER SYMPHONY ORCHESTRA AND CHORALE PRE-CONCERT TALK | AGES: 18+

Location: Whiton Branch Library

Brahms, Schneider, and Sculthorpe Manchester Symphony Orchestra and Chorale will talk on and showcase some of the music from their upcoming November concert. Learn a little about Brahms' Symphony #2, the Schneider Viola Concerto, and Kakadu, a work by Australian composer Peter Sculthorpe.

Th, 10/23 | 6:30PM

SYMSBURY WITCHES | AGES: 18+

Location: Main Library Building

Did you know that Connecticut held witch trials 40 years before Salem -- and that many towns in our state have related stories of their own? Local author Kara LaBella will introduce us to a family legend, passed down by Simsbury's original settlers, describing two 'unusual' women who were accused in the 1680s.

M, 10/27 | 6:30PM

FALL COOKIE DECORATING | AGES: 18+

Location: Whiton Branch Library

Come decorate fall theme cookies with us! Adults will decorate 2 delicious sugar cookies. All supplies provided. Registration is required, and opens on 10/29. To register for this free event, please call our Reference Desk at (860) 645-0821.

W, 11/5 | 6:00PM - 7:30PM

FOOD FOR THOUGHT: THE THANKSGIVING STORY | AGES: 18+

Location: Whiton Branch Library

What does Thanksgiving mean to you, and how do you celebrate it? A representative from The Institute for American Indian Studies Museum & Research Center of Washington, CT will speak on Thanksgiving from a Native American perspective.

Th, 11/6 | 6:30PM

MANCHESTER SYMPHONY ORCHESTRA AND CHORALE PRE-CONCERT TALK: HOLIDAY CONCERT | AGES: 18+

Location: Whiton Branch Library

Manchester Symphony Orchestra and Chorale will talk on and showcase some of the music from their upcoming holiday concert in December.

Th, 11/20 | 6:30PM

CHRISTMAS CARTEL | AGES: 18+

Location: Main Library Building

In 1776, on Christmas Eve, 225 sickly American prisoners of war were marched from British military prison camps in New York City to the docks along the East River. This presentation by local historian Tom Hogan will describe the men's harrowing journey and what became of them. It will also include recently discovered details about two of the returning soldiers who died in East Hartford.

M, 12/1 | 6:30PM

NEW

DICKENS' READINGS:

A CHRISTMAS CAROL | AGES: 18+

Location: Whiton Branch Library

Kenneth Noll, who has portrayed Charles Dickens for many years, will present a condensed version of Dickens' classic novel "A Christmas Carol."

Th, 12/11 | 6:00PM

HOLIDAY WINE CORK WREATH | AGES: 18+

Location: Main Library Building

Create a holiday wreath out of wine corks, holly and berry sprigs, Styrofoam wreath form, and hot glue. Participants will need to bring their own hot glue guns. Registration starts 12/8, by calling (860) 645-0821

M, 12/15 | 6:00PM

2025 BOOKSHELF CRAFT | AGES: 18+

Location: Main Library Building

Celebrate all of the books you read in 2025 by painting a miniature bookshelf and putting mini versions of the books on the shelves! Please email Jenn Bartlett at jbartlett@manchesterct.gov with the titles and authors of the books you read in 2025 for her to print out and have ready for you to cut and paste onto Styrofoam. Registration starts 12/22, by calling (860) 645-0821

M, 12/29 | 6:30PM

SENIORPROGRAMS

ManchesterCT.gov/Government/Departments/Senior-Center

Monday - Friday | 8:30AM - 4:30PM | (860) 647-3211

Holiday Closures: Senior Center programs will be closed on Town holidays

Manchester Senior Center | 549 East Middle Turnpike

The Senior Center is a Division of the Human Services Department. The Senior Center and the Recreation Division of the Department of Leisure, Family & Recreation collaborate to provide a full spectrum of recreational, social and health programs for Manchester seniors.

PROGRAM REGISTRATION

Registration for programs is on-going. Register at the Manchester Senior Center, the Community Y Recreation Center, or at the Center Springs Recreation Office.

OFF SITE PROGRAMS

The Senior Center offers activities that are run outside of the Senior Center. These programs, as well as the Senior Center programs, are open to Manchester residents who are 60 and over. Programs include Hiking Club, Biking Club, Walking Group, and Group Travel. For more information, call the Senior Center at (860) 647-3211.

HEALTH PROGRAMS

The Manchester Health Department provides the following health programs at the Senior Center: Blood Pressure Screening, Foot Care, Fall Risk Assessments, Health Consultations and Health Education programs. For more information, call (860) 647-3211.

SOCIAL SERVICE PROGRAMS

Questions regarding health insurance, home care, housing, the Medicare Savings Plan, energy assistance or anything of a personal nature can be directed to Kitty Dudley or Ed Paquette, the Senior Center Social Workers. Make an appointment by calling (860) 647-3211.

FINANCIAL ASSISTANCE

It has been the long-standing policy of the Town Board of Directors that no Manchester resident should be denied access to town sponsored senior activities due to financial hardship or other extenuating circumstances. Contact Kitty Dudley at (860) 647-3211 for details.

CANCELLATION POLICY

During inclement weather, if Manchester Public Schools are closed, all center programs, meals and transportation are canceled for that day. The Center staff is available in the office for regular scheduled office hours. When school is on a 2-hour delay all programs, meals and transportation will be delayed until 10:30AM. Any programs that start before 10:30 AM are canceled. Call the Senior Center to listen to the voice recording or check WFSB Channel 3 or WVIT Channel 30 for updates.

SENIOR CENTER MEMBERSHIP

Membership is required to participate in Senior Center activities. Membership is open to Manchester residents only, and you must be 60 years of age or older. Memberships cost \$10 and can be purchased at the Manchester Senior Center Monday - Friday, between 8:30AM - 4:30PM. Contact the Senior Center at (860) 647-3211.

MEAL PROGRAM

Lunch is served daily at 12:00PM for those 60 and over. Reservations are required in advance no later than 12:30PM the day before, reservations can be made up to a week in advance. Call (860) 647-3211 for reservations. Cost: suggested donation of \$2.50. If you find that you need to cancel your lunch, please call the office. We appreciate as much notice as possible.

TRIPS

Trips offered by the Senior Center are advertised in the newsletter, online and trip flyers are available in the Senior Center lobby. Call Missy Rankin at (860) 647-3210 for more information.

TRANSPORTATION

The Senior Center provides rides for Manchester residents to and from the center for classes, activities and lunch. Bus rides can be scheduled up to 3:00PM the day before your ride. Call the Senior Center office at (860) 647-3211 to schedule your ride. If you find that you need to cancel your ride please call the office. We appreciate as much advance notice as possible.

TOWN OF MANCHESTER

DIAL-A-RIDE SERVICES

DIAL-A-RIDE is a separate service from the Manchester Senior Center Transportation. To register or to schedule a ride call (860) 870-7940. If you need more information, please direct your inquiries to Senior, Adult & Family Services at (860) 647-3096.



We're on FACEBOOK!

Make sure to Follow and Like the Manchester Senior Center Facebook Page to get the latest and greatest news! <https://www.facebook.com/ManchesterCTSeniorCenter>

SENIORFITNESS

LINE DANCING

Line dancing is a choreographed dance with repeated sequences of steps that people follow in lines or rows. Beginner and Advanced classes are available.

Session 1 (Beginner): Tu, 9/2 - 12/16

10:00AM - 11:00AM

Session 2 (Advanced): Tu, 9/2 - 12/16

11:00AM - 12:00PM

(no class 11/11)

Fee: \$5/session

TAI CHI

Enjoy a calming exercise that enhances well-being, balance, flexibility and reduces stress through slow, flowing movements. Beginner and Advanced sessions available.

Session 1 (Beginner): Tu/F, 9/2 - 12/19

Tu 2:30PM - 3:30PM | F 1:30PM - 2:30PM

(no class 11/11, 11/28)

Session 2 (Advanced): Tu/F, 9/2 - 12/19

Tu 1:30PM - 2:30PM | F 12:30PM - 1:30PM

(no class 11/11, 11/28)

Fee: \$5/session

STRONGER SENIORS

This chair exercise class uses aerobics, weight training, resistance bands, and stretching. Improve strength, flexibility, posture, and balance from the comfort of a chair.

W, 9/3 - 12/17 | 9:15AM - 10:00AM

Fee: \$5

CARDIO DRUMMING

Exercise class that activates your muscles with the use of drumming movements. Follow along with the instructor to some great music.

Th, 9/4 - 12/18 | 10:00AM - 11:00AM

(no class 11/27)

Fee: \$5

ZUMBA GOLD

Zumba Gold fuses hypnotic Latin rhythms and easy to follow dance moves to create a dynamic workout specially designed for seniors.

Th, 9/4 - 12/18 | 2:30PM - 3:30PM (no class 11/27)

Fee: \$5

CHAIR VOLLEYBALL

This modified version of volleyball is perfect for seniors of all fitness levels. It's a low-impact sport that promotes cardiovascular health, flexibility, and teamwork.

Th, 9/4 - 10/9 | 12:30PM - 2:15PM

BODY SCULPT

Weight bearing exercise program for active older adults that includes warm-up, aerobic fitness, core strengthening, flexibility, joint mobility, balance, and coordination.

Session 1: M, 9/8 - 12/15 | 12:30PM - 1:15PM

Session 2: W, 9/3 - 12/17 | 12:30PM - 1:15PM

(no class 10/13)

Fee: \$5/session

YOGA +

This yoga class is specifically designed for seniors and can be done from the ground or a chair.

Session 1: M, 9/8 - 12/15 | 2:20PM - 3:15PM

(no class 10/13)

Session 2: M, 9/8 - 12/15 | 3:20PM - 4:15PM

(no class 10/13)

Session 3: W, 9/3 - 12/17 | 2:20PM - 3:15PM

Session 4: W, 9/3 - 12/17 | 3:20PM - 4:15PM

Fee: \$5/session

LIGHT-N-LIVELY

Get your heart pumping and your feet moving as you join us for one hour of low-impact cardio exercise. This is a very active and fast-paced class.

Session 1: M, 9/8 - 12/15 | 11:00AM - 12:00PM

Session 2: M, 9/8 - 12/15 | 1:20PM - 2:15PM

Session 3: W, 9/3 - 12/17 | 1:20PM - 2:15PM

Session 4: F, 9/5 - 12/19 | 11:00AM - 12:00PM

(no class 10/13 and 11/28)

Fee: \$5/ per session

STRENGTH & FLEX

This class uses a combination of low impact aerobics, and light weights to improve balance, muscle tone, and overall cardio health. Great for all fitness levels.

Session 1: M, 9/8 - 12/15 | 10:00AM - 11:00AM

(no class 10/13)

Session 2: W, 9/3 - 12/17 | 10:00AM - 11:00AM

Session 3: W, 9/3 - 12/17 | 11:00AM - 12:00PM

Session 4: F, 9/5 - 12/19 | 10:00AM - 11:00AM

(no class 11/28)

Fee: \$5/ per session

SQUARE DANCING

Learn new dances and follow along with the steps and movements shouted out by a caller. No experience or partner needed! Out-of-town participants are welcome to attend; advanced registration is required.

Th, 10/16 - 12/18 | 12:30PM - 2:15PM (no class 11/27)

Fee: \$5/ per class



SENIOROFF-SITE

BIKING CLUB

Location: Offsite

Join the Biking Club to ride different trails around Connecticut with fellow senior members. The length of rides varies from approximately 15-20 miles on either paved or hard-packed surfaces that are fairly flat or have gentle hills. Contact the Senior Center for the full schedule.

M, Contact senior center for scheduled rides, 1:00PM - 3:30PM

HIKING CLUB

Location: Offsite

Enjoy hikes on local trails with friends. Contact the Senior Center for the full schedule.

Th, 1:00PM - 3:00PM

Contact senior center for scheduled hikes

WALKING GROUP

Location: Local trails

This group meets for walks on local trails in Manchester and Vernon. Call the Senior Center for the full schedule.

M/W/F, 9/3/25 - 1/2/26 | 8:45AM - 11:00AM
(no group 10/13, 11/28, 12/26)

STEADY AS WE GO

Location: Community Y

Chair-based class that uses light weights, exercise bands, or no weights at all, and is great for improving posture and balance.

T/Th, 10/07 - 12/23 | 11:00AM - 12:00PM

(no class 11/11, 11/27)

Fee: \$5

SENIOR BASKETBALL

Location: Community Y

M/W/F, 10/6 - 12/19

(no class 10/13, 11/24, 11/26, 11/28)

Fee: \$10 / \$20 (NR)

SENIOR GAMES

CHESS CLUB

Join the Senior Center Chess Club for friendly competition and mental stimulation.

All skill levels are welcome.

Tu, 9/2 - 12/30 | 10:00AM - 11:00 AM (no group 11/11)

BILLIARDS

Drop-in and play on one of three billiard tables.

M - F, 9/2/25 - 1/2/26 | 8:30AM - 4:15PM

(no group 10/13, 11/11, 11/27, 11/28, 12/25, 12/26)

MAHJONGG

A Chinese game played with tiles - collect winning sets to win!

Tu, 9/2/25 - 12/30/25 | 12:30PM - 2:30PM

(no group 11/11)

SOCIAL BRIDGE

A card game played by teams of 2 to win points.

W, 9/3 - 12/31 | 12:30PM - 4:00PM

DOMINOES

Join us for an afternoon of Mexican Train Dominoes.

W, 9/3 - 12/31 | 2:45PM - 3:00PM

SAMBA

Card game, variant of canasta.

M/Th, 9/4 - 12/29 (no group 10/13, 11/27, 12/25)

M, 12:45PM - 3:30PM

Th, 9:00 AM - 12:00PM

DUPLICATE BRIDGE

A variation of contact bridge.

Th, 9/4 - 12/18 | 12:30PM - 4:00PM (no group 11/27)

HAND & FOOT

A card game related to canasta!

Th, 9/4 - 12/18 | 1:00PM - 4:15PM (no group 11/27)

SCRABBLE

A board game played with 2-4 players using their vocabulary to create words and score points.

Th, 9/4 - 12/18 | 9:30AM - 11:30AM (no group 11/27)

SETBACK

American trick-taking card game.

F, 9/5/25 - 1/2/26 | 12:30PM - 3:00PM

(no group 11/28, 12/26)

CRIBBAGE

This card game combines both luck and skill. Make it around the board first to win.

F, 9/5/25 - 1/2/26 | 12:30PM - 3:00PM

(no group 11/28, 12/26)

BINGO

Enjoy this game of chance as you mark off numbers on your card, and shout BINGO when you win!

F, 9/5/25 - 1/2/26 | 10:00AM - 12:00PM

(no group 11/28, 12/26)

Fee: \$0.50 per Bingo Card

BOARD GAME GROUP

Join our senior board game group for fun, friends, and friendly competition. All games, all skill levels.

M, 9/8 - 12/29 | 10:00AM - 12:00PM (no group 10/13)

PINOCHLE

A card game played with a 48-card deck, score points for various combinations and win tricks.

M, 9/8 - 12/29 | 12:30PM - 2:00PM (no group 10/13)

SENIOR SOCIAL



RED HAT SOCIETY

We are the women in the red and pink hats. We meet on the first Tuesday of every month. Bring a friend, all are welcome!

1st Tu, 9/2 - 12/2 | 1:00PM - 3:30PM

Fee: Membership dues

SENIOR CIRCLE

This group engages in a variety of activities, crafts, games, low impact exercise, reminiscing and more. Led by our program assistant and requires pre-registration.

Tu/Th, 9/2 - 12/18 | 10:00AM - 11:45AM

(no group 11/11, 11/27)

THERAPY DOGS

Come meet the "Bright and Beautiful Therapy Dogs" on the 1st Tuesday of the month.

1st Tu, 9/2 - 12/2 | 10:30AM - 11:30AM

MEN'S GROUP

Enjoy a variety of activities including current events, health topics, trivia and good conversation while meeting new people. Program facilitated by our program assistant.

M, 9/8 - 12/15 | 10:45AM - 11:45AM (no group 10/13)

WOMEN'S GROUP

Enjoy a variety of activities including current events, health topics, trivia and good conversation while meeting new people. Program facilitated by our program assistant.

M, 9/8 - 12/15 | 9:30AM - 10:30AM (no group 10/13)

MUSIC CIRCLE

This group meets weekly to play their acoustic instruments and sing with fellow music lovers. Take turns suggesting and playing your favorite songs!

M, 9/8 - 12/29 | 1:00PM - 3:00PM (no group 10/13)

MONTHLY MOVIE

Join us on the second Tuesday of the month to watch a movie with friends. Check out the senior center newsletter for movie selection and any date changes.

2nd Tu, 9/9 - 12/9, 1:00PM - 3:00PM (no group 11/11)

BOOK GROUP

Read and discuss different novels on the third Tuesday of every month! Whether you're a lifelong reader or just looking to pick up a new hobby, you'll find a welcoming atmosphere. The book of the month is available at the Manchester Public Library reference desk.

3rd Tu, 9/16 - 12/16 | 10:30AM - 11:30AM

SENIOR CREATE

WATERCOLOR & OIL PAINTING GROUP

Groups of artists meet to draw, create, share, and inspire each other. Participants provide their own supplies.

Tu, 9/2 - 12/30 | 1:00PM - 3:00PM (no group 11/11)

FRIENDSHIP CIRCLE

Coffee, crafts, and fun! All are welcome to spend the morning with this friendly group working on knitting, crocheting and other craft projects.

W, 9/3 - 12/31 | 8:30AM - 11:30AM

QUILTING GROUP

Take advantage of our large tables and space to work on your quilting project with likeminded quilters. This is a non-instructed group. Sewing machines, irons, and cutting boards are available.

Th, 9/4 - 12/18 | 12:30PM - 4:00PM (no group 11/27)

PAINT CLASS

A local artist will instruct you to paint a scene on 11x14 stretched canvas. Create a one-of-a-kind masterpiece; no experience necessary.

Tu, 9:30AM - 11:30AM

(see newsletter for next class date)

Fee: \$15

CERAMICS

Create your masterpiece from start to finish under the direction of a very experienced instructor. Learn techniques for painting, glazing, and firing.

Session 1: M, 9/8 - 12/15 | 9:30AM - 11:30AM

(no class 10/13)

Session 2: F, 9/5 - 12/19 | 9:30AM - 11:30AM

(no class 11/28)

Fee: \$5/session



In partnership with Lectra, a Tolland-based manufacturing plant that's part of Gerber Technology, students have a chance to work with experts in a state-of-the-art facility.



The College Application Summer Academy gives rising seniors the chance to study higher-ed options, work on essays, learn about FAFSA and more.



Volunteers from a wide range of professions conduct mock interviews with MHS juniors.

MANCHESTER HIGH & BEYOND

PAUL OFRIA | PHOTOGRAPHY

Students at Manchester High School enjoy a variety of opportunities to prepare for life after graduation.



Town Manager Steve Stephanou posed with MHS students -- who were in the 'Town Rotational Apprenticeship Development Exploration' program during Public Works .



Students in Larry Cedrone's Construction class built a pagoda for the courtyard.



Gov. Ned Lamont visited MHS in May to discuss dual enrollment initiatives that let high school students earn college credit. MHS is a statewide leader in this area.

A NO-COST FESTIVAL OF RIDING, MUSIC, AND FOOD FOR ALL ABILITIES | POWERED BY ROTARY IN MOTION

24

10AM - 1PM October 4, 2025
Charter Oak Park Manchester, CT



MANCHESTER ----- EAST HARTFORD ----- VERNON ROCKVILLE

RIDE AND EXPLORE

A COMBINATION OF THE CHARTER OAK
GREENWAY, CHENEY RAIL TRAIL, AND HOP
RIVER STATE PARK TRAIL

9:30 AM

BIKE RIDE REGISTRATION AND CHECK IN AT THE
ROTARY PAVILLION.

*Pre-register online and receive a free gift the day of
the event. Registration will also be taken day of event*

10:00 AM

WELCOMING CEREMONY WITH
MANCHESTER MAYOR JAY MORAN
EAST HARTFORD MAYOR CONNOR MARTIN
VERNON MAYOR DAN CHAMPAGNE

10:30 AM

GUIDED 17 MILE TRAIL LOOP BIKE RIDE BEGINS

FOOD AND CONCERT

FOOD TRUCKS AND LIVE LOCAL MUSICIANS

11:30 AM - 1:00 PM

ROTARY EMOTION FEATURING CROWNED KAOS
PRODUCED BY MUSIC HELPS HUMANITY

LEARN AND PLAY

FUN FOR ALL AGES FROM
START TO FINISH

9:30 AM

ENJOY MUSIC WITH DJ
MICHELLE BEE

9:30 AM - 1:00 PM

TI TRIKES INTERACTIVE
ADAPTIVE
BIKE DISPLAY

10:45 AM - 1:00 PM

EAST COAST GREENWAY JR.
BIKE SAFETY COURSE

*Bring your own bike +
Participants who complete
the safety bike event will be
entered in to a free bmx bike
raffle!*

PARK RICKSHAW TOUR
*Cycling Without Age +
UR Community Cares*

LUTZ CHILDREN'S MUSEUM
ANIMAL ENCOUNTER

TOUCH-A-TRUCK

10:45 AM - 11:45 AM
TAI CHI IN THE PARK
with Susan Barlow

EQUESTRIAN
DEMONSTRATION
& ENCOUNTER

11:30 AM - 1:00 PM
CROWNED
KAOS
CONCERT



SCAN HERE
TO REGISTER FOR
GUIDED BIKE RIDE

MANCHESTERCTROTARY.ORG

BUILT TO PLAY.

SPONSORS ROTARY CLUBS OF MANCHESTER - ECHN **ORGANIZATIONS** ROTARY CLUBS OF MANCHESTER, EAST HARTFORD AND ROCKVILLE - EAST COAST GREENWAY ALLIANCE - BIKE WALK BOLTON - UR COMMUNITY CARES - MUSIC HELPS HUMANITY - TI TRIKES **EVENT PARTNERS** ASM - ARTS CENTER EAST - BIKE FRIENDLY MANCHESTER - BIKE WALK BOLTON - CT HORSE COUNCIL - EAST COAST GREENWAY ALLIANCE - EAST SIDE NEIGHBORHOOD RESOURCE CENTER - HIGHLAND PARK MARKET - LUTZ CHILDREN'S MUSEUM - MANCHESTER LEISURE, FAMILY AND RECREATION - MANCHESTER FIRE - MANCHESTER POLICE - MANCHESTER - MUSIC HELPS HUMANITY - ROTARY CLUBS OF MANCHESTER, EAST HARTFORD, AND ROCKVILLE - ROYAL ICE CREAM