

Health Care FSA Eligible Expenses

- Health Care FSA funds can reimburse medical, dental, and vision expenses for you, your spouse, and eligible dependents listed in your Plan Documents.
- This list is not comprehensive; additional unlisted expenses may also be eligible. Items marked with an asterisk (*) are “potentially eligible” and require a Letter of Medical Necessity (LMN) from your provider for reimbursement. The IRS does not allow reimbursement for expenses that are not prescribed by a physician for a specific condition.
- This list may change due to IRS regulations and rulings. It reflects our understanding of IRC Section 213(d) and is not legal advice.

Sample List of Eligible Expenses

BABY/CHILD TO AGE 13 ■ Lactation Consultant* ■ Lead-Based Paint Removal ■ Special Formula* ■ Special School/Teacher for Disability or Learning Disability DENTAL ■ Dental X-Rays ■ Dentures and Bridges ■ Exams and Teeth Cleaning ■ Extractions and Fillings ■ Orthodontia ■ Periodontal Services EYES ■ Eye Exams ■ Eyeglasses and Contact Lenses ■ Laser & Other Eye Surgeries ■ Prescription Sunglasses HEARING ■ Hearing Aids and Batteries ■ Hearing Exams LAB EXAMS/TESTS ■ Blood Tests and Metabolism Tests ■ Body Scans ■ Cardiograms ■ X-Rays MEDICATIONS ■ Insulin ■ Prescription Drugs ■ OTC Medications (examples below)	MEDICAL EQUIPMENT/SUPPLIES ■ Air Purification Equipment* ■ Arches and Orthotic Inserts ■ Contraceptive Devices ■ Crutches, Walkers, Wheel Chairs ■ Exercise Equipment* ■ Hospital Beds & Mattresses* ■ Medic Alert Bracelet or Necklace ■ Nebulizers ■ Orthopedic Shoes* ■ Oxygen* ■ Post-Mastectomy Clothing ■ Prosthetics ■ Syringes ■ Wigs* MEDICAL PROCEDURES/SERVICES ■ Acupuncture ■ Ambulance ■ Fertility Enhancement and Treatment ■ Hair Loss Treatment* ■ Hospital Services ■ Immunization ■ In Vitro Fertilization ■ Physical Examination (not employment-related) ■ Reconstructive Surgery ■ Service Animals ■ Sterilization/Sterilization Reversal* ■ Transplants (including organ donor) ■ Transportation	OBSTETRICS ■ Breast Pumps and Lactation Supplies ■ Doulas* ■ Lamaze Classes ■ OB/GYN Exams ■ OB/GYN Prepaid Maternity Fees (reimbursable after birth) ■ Pre- and Postnatal Treatments PRACTITIONERS ■ Allergist ■ Chiropractor ■ Christian Science Practitioner ■ Dermatologist ■ Homeopath ■ Naturopath* ■ Optometrist ■ Osteopath ■ Physician ■ Psychiatrist or Psychologist THERAPY ■ Alcohol and Drug Addiction ■ Counseling (not marital or career) ■ Exercise Programs* ■ Hypnosis ■ Massage* ■ Occupational ■ Physical ■ Smoking Cessation Programs* ■ Speech ■ Weight Loss Programs*
--	--	--

Sample List of eligible Over-the-Counter Medicines and Drugs

■ Acid controllers ■ Acne medications ■ Allergy & sinus ■ Antibiotic products ■ Antifungal (Foot) ■ Antiseptics & wound cleansers ■ Anti-diarrhea & gas ■ Anti-itch & insect bite ■ Baby rash ointments & creams ■ Cold sore remedies ■ Contraceptives	■ Cough, cold & flu ■ Digestive aids ■ Ear care ■ Eye care ■ Feminine menstrual care products ■ First aid equipment ■ Foot care treatment ■ Hemorrhoid preps ■ Homeopathic remedies ■ Incontinence products ■ Laxatives	■ Medicated nasal sprays/drops, & inhalers ■ Medicated respiratory treatments & vapor products ■ Motion sickness ■ Pain relief (includes aspirin) ■ Skin treatments ■ Sleep aids & sedatives ■ Smoking deterrents ■ Stomach remedies ■ Non medicated vapor products
--	---	---

For a complete up-to-date list of FSA Eligible Products & Services visit our website at www.abs125.com & click on View Our Eligibility Lists.