



## Who will use the File of Life®?

In the event of an emergency, the File of Life® will be used by:

- ◆ Police Officers
- ◆ EMTs and Paramedics
- ◆ Fire Fighters
- ◆ Hospital Emergency Staff



## How do I participate with File of Life®?


Simply obtain a File of Life® magnetic sleeve and history card, fill out the card and place the card in the sleeve on your refrigerator. Emergency responders in Manchester are trained to check for this.

File of Life® supplies are available from all town fire stations or by calling Manchester Fire-Rescue-EMS at 860-647-3266



## FILE OF LIFE



FILE OF LIFE	
	Name: _____
	Address: _____
Doctor: _____	Phone#: _____
<b>EMERGENCY CONTACTS</b>	
Name: _____	Phone#: _____
Address: _____	
Name: _____	Phone#: _____
Address: _____	

## What is the File of Life® Program?

The File of Life® is a program that aims to make vital health information available to emergency responders in the event of a medical emergency. The “File” is a miniature medical history card that is filled out and kept in a red plastic sleeve with a magnetic strip. The magnetic sleeve is placed on the outside of the refrigerator in a visible place.

The File of Life® details a person’s name, emergency medical contacts and insurance policy information. It details current health problems, current medications and dosages. It lists allergies, recent surgeries, your doctor’s name and phone number, your health care proxy information and your religious affiliation.

## Who is the File of Life® Program for?

The File of Life® program is for anyone in the community who would like to ensure that, in the event of a medical emergency, emergency responders have immediate access to potentially life-saving personal health and medical history information. People who are at an increased risk for a medical emergency, such as seniors or community members with special needs, are especially encouraged to participate in the program.



## What is the history of the File of Life®?

The File of Life® was first created over twenty years ago as the life-saving program, the “Vial of Life”. The “Vial of Life” was located inside one’s refrigerator. The File of Life® contains the same valuable information as the “Vial of Life” but is easier to find by Emergency Medical Responders. Because it is placed on the outside of the refrigerator, the information stays dry and intact. Emergency personnel have found that the information contained in the File of Life® is helpful and potentially life-saving. The refrigerator magnet was created by the File of Life® Foundation, Inc. Springfield, Massachusetts.