



# Manchester Youth Service Bureau presents Summer Ropes Program

For students completing grades 5 - 7 in June 2016

Each day will include fun active games, low elements which present challenges 2-3 feet off the ground, and high elements where participants will climb 25-40 feet in the air! Our philosophy is "challenge by choice". Participants can choose their level of challenge. All instructors are certified Ropes Course Facilitators.



**Who:** Manchester students completing grades 5-7 in June 2016  
**Week 1:** June 20 to June 24  
**Week 2:** August 8 to August 12  
**Time:** 9:00am – 3:00pm  
**Where:** Manchester Ropes Course Hillstown Rd.  
(Veterans Memorial Soccer Complex)  
**Fee:** \$155 per participant (residents)  
\$175 per participant (non-residents)

**Rain location:** In case of inclement weather, the program will be moved to Nathan Hale School. (Parents will receive a notification call by 8am that morning).

**Registrations Forms can be picked up at:**

- \* Youth Service Bureau, 63 Linden Street
- \* Recreation's Center Springs Main Office, 39 Lodge Drive

**Or downloaded from the YSB website under Programs**

- \* <http://ysb.townofmanchester.org/>

For questions, call 860-647-5213

**Mail In Registration only!**  
**Residents postmark by April 15**  
**Nonresidents accepted after April 15**  
*Please see the back for details.*



## REGISTRATION PROCEDURES (mail in only)

All RESIDENT registration forms POSTMARKED April 15 or earlier will be randomly selected and processed after April 18th. Registration is by lottery and space is limited. Non-resident registration forms can be submitted after April 15 and will be randomly selected if space is available.

## WHAT TO INCLUDE WITH REGISTRATION:

- A completed registration form for each child, including: health information, tetanus shot date, and insurance information
- Check payable to: "Town of Manchester"
- Mail in only to:  
Manchester Youth Service Bureau  
Attn: Summer Ropes Program  
63 Linden Street  
Manchester, CT 06040



## SAMPLE OF A DAY (subject to change)

|             |   |
|-------------|---|
| 9-9:30      | Warm up games and activities to get participants moving   |
| 9:30-10:30  | Games and activities that promote teamwork, cooperation, and problem solving skills   |
| 10:30-12:00 | Low elements (close to the ground) that raises the challenge for groups to demonstrate teamwork, cooperation, and problem solving skills.                                       |
| 12-12:30    | Lunch (youth must bring their own lunch)  |
| 12:30-1:00  | Fun physically active games to get warmed up for afternoon activities   |
| 1:00-2:40   | High elements (several feet off the ground) that challenge participants and provide opportunities to build trust as participants depend on others for safety and encouragement. |
| 2:40-3:00   | Debriefing about the day's events and a look forward to the next day  |

## DROP OFF AND PICK UP PROCEDURES

All youth are to be escorted by a parent or responsible adult to the designated site daily and signed in at 9:00 am and signed out at 3:00 pm with the program staff.

## BEHAVIOR MANAGEMENT

Our goal is to provide a safe and nurturing environment for all our participants. We respect a youth's individual needs and interests and will work with you and your youth to help develop the skills he or she needs to feel confident in themselves and in their growing abilities.

It is our policy not to discourage participation due to any disability whether it be social, emotional, or physical. However, we will not tolerate behavior which threatens the physical and emotional safety of all participants and sacrifices the quality of the program.

## MEDICATION ADMINISTRATION

You must indicate on your registration form if your child requires medication at the program. This includes inhalers and epipens. You will receive an Authorization for Medications Administration form in the mail when your registration is confirmed. This form must be completed by a physician and returned at least two weeks prior to the start of the program.

## LUNCH

Lunch is not provided, youth must bring their own food and drink.